Are you a family member or friend of someone who has been discharged from hospital to a Recovery Hub?





## **Carers Leeds**

6-8 The Headrow Leeds LS1 6PT

#### **Need advice?**

**Tel** 0113 380 4300

Email advice@carersleeds.org.uk

Website carersleeds.org.uk

### **Socials**

Twitter @CarersLeeds
Facebook Carers Leeds

Registered Charity No. 1058706 Company Limited by Guarantee 3242065



Recovery Hub
Support for Carers



## How Carers Leeds can help

Carers Leeds offers free support and information to unpaid carers across Leeds.

## We can help carers with:

- One to one support telephone or face to face
- Support groups a chance to meet other carers
- Training
- Social activities
- Information about getting a break from caring
- Help to get a Carers Assessment
- Help to get online or use devices such as computers, iPads and mobile phones
- Help to check that you and the person you care for are receiving the right benefits

## Recovery Hub Support

Carers Leeds has workers who specifically work in Recovery Hubs.

#### We offer:

- Support and someone to talk to if you are feeling worried
- Information about funding for care homes or other packages of care
- Assistance to find a care home or package of care for the person you care for
- Help to make sure your views are considered in decisions about the person you care for being discharged

# Get in touch

Ask a member of staff at the Recovery Hub to refer you to Carers Leeds or you can contact us below.

## Visit us

Mon to Thu: 9am - 5pm Fri: 9am - 4.30pm 6-8 The Headrow,



## **Advice Line**

Leeds, LS1 6PT

Mon to Thu: 9am - 5pm Fri: 9am - 4.30pm





carers advice line 0113 380 4300