

Are you supporting a family member or friend who is living with young dementia?

We offer tailored support to carers of people living with a diagnosis of dementia under the age of 65.



carers advice line
0113 380 4300

In partnership with:



6-8 The Headrow, Leeds, LS1 6PT
Admin Tel 0113 246 8338
Email advice@carersleeds.org.uk

Website carersleeds.org.uk
Twitter/X @CarersLeeds
Facebook Carers Leeds

What do we do?

Carers Leeds supports carers of people living with young dementia. Young dementia means those aged under 65 at the time of diagnosis.

Our friendly and knowledgeable Young Dementia Carers Support Worker provides tailored information, advice and support.

How do we do it?

We work in partnership with Community Links Young Dementia Leeds Hub to offer one to one support where we'll talk about your caring role, your own health, discuss any concerns, support you to access other helpful services and find coping strategies.

We can meet with you at the Young Dementia Hub in Cottingley on a Tuesday, at our office in the City centre or at a confidential location to suit you. We also offer support by phone or video call.

We regularly run 'understanding dementia' workshops to enable carers to understand more about dementia and to plan for the future.

Get in touch

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Visit: www.carersleeds.org.uk

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