

Are you caring for a friend or relative who is living with dementia?

We offer support to carers of people living with memory problems or a diagnosis of dementia.



carers advice line
0113 380 4300

6-8 The Headrow, Leeds, LS1 6PT
Admin Tel 0113 246 8338
Email advice@carersleeds.org.uk

Website carersleeds.org.uk
Twitter/X @CarersLeeds
Facebook Carers Leeds

What do we do?

Carers Leeds supports carers of people living with memory problems or dementia.

Our friendly and knowledgeable team provide support, information and advice.

How do we do it?

We can offer one to one support where we'll talk about your caring role, your own health, discuss any concerns, support you to access other helpful services and find coping strategies. We can meet with you at Carers Leeds, your home or at a confidential location to suit you.

We run carers support groups to enable carers to have a break and meet other people who may be in a similar situation.

We also offer 'understanding dementia' workshops to enable carers to understand more about dementia and to plan for the future.

Get in touch

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Visit: www.carersleeds.org.uk

