

Are you a Parent Carer?

A parent carer is
someone who
cares for a child
with a disability,
long term illness or
additional needs.
We are here to
support you.



carers advice line
0113 380 4300

6-8 The Headrow, Leeds, LS1 6PT
Tel 0113 246 8338
Email advice@carersleeds.org.uk

Website carersleeds.org.uk
Twitter @CarersLeeds
Facebook Carers Leeds

What do we do?

- Our role is to directly support you, the Parent Carer (not to have direct involvement with your child).
- We offer emotional support, advice & information, and signposting to other services relevant to you and your child's needs.

How do we do it?

- We encourage you to see the positives and celebrate every achievement, both your own and those of your children. We build confidence in your ability to be the key voice for your child
- We encourage peer support and create a safe place for you to talk and be open
- We are flexible and adaptable to the needs of the Carers we support. Support can be one off or ongoing.

Get in touch

Meet: 6-8 The Headrow, Leeds, Ls1 6PT
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Visit: www.carersleeds.org.uk

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