

## All Carers have the right to a Carers Assessment.

You can see if you are eligible for help from Leeds City Council in your caring role.

Speak to your social worker or contact Leeds City Council on 0113 222 4401 or email <u>leedsadults@leeds.gov.uk</u>

For further help, please contact Carers Leeds using the details below.



6-8 The Headrow, Leeds, LS1 6PT
Admin Tel 0113 246 8338
Email advice@carersleeds.org.uk

Website Twitter Facebook carersleeds.org.uk @CarersLeeds Carers Leeds



## What is a Carers Assessment?

It is an opportunity to talk about how your caring role affects you and to see if you qualify for practical support in your caring role. It is not a test of your caring abilities!

The assessment is carried out by an experienced worker from Leeds City Council or a Social Worker who is already involved with you and the person you care for.

You may be eligible for help if the care you provide is regular and the person you care for couldn't manage without your help.

## What support could you get?

- Practical help with the house or the garden, either one off or regularly
- Gym membership or access to other wellbeing support
- Equipment to keep in touch with family or friends
- Something else which could support you personally in your caring role

## Request an assessment

Your Social Worker can help you get an assessment. If not, ask your Carers Support Worker at Carers Leeds or call the Advice Line on 0113 380 4300. Leeds City Council Contact centre can also take a referral 0113 222 4401 or email <a href="mailto:leedsadults@leeds.gov.uk">leedsadults@leeds.gov.uk</a>