

**Are you a carer who
would like some
support with
technology?**

**We offer digital
support to unpaid
carers who would
like to build their
confidence using
technology.**



**carers advice line
0113 380 4300**

6-8 The Headrow, Leeds, LS1 6PT
Tel 0113 246 8338
Email advice@carersleeds.org.uk

Website carersleeds.org.uk
Twitter @CarersLeeds
Facebook Carers Leeds

What do we do?

This free service provides one-to-one digital support to empower you to feel confident using technology. We support you in gaining confidence using smart phones, tablets and laptops; as well as helping you learn how to access digital services.

How do we do it?

We offer:

- Help accessing and using equipment and devices to get online.
- SIM cards with free data (subject to eligibility).
- Support to help you to become confident using technology.
- Referrals to external organisations for more specialist support when required.
- Support in using different apps or programmes such as games, online shopping, video calling and online banking.
- Support in accessing online support groups and events.

Get in touch

Call: 0113 380 4300

Email: holly.wilkins@carersleeds.org.uk

Visit: www.carersleeds.org.uk

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**CARERS
TRUST**