



Carers Leeds

Working together to support carers

Do you look after a friend or relative who has an illness, disability or substance misuse problem?

carers advice line 0113 380 4300

We can help. Carers Leeds provide information, advice and support for carers aged over 16.

You may be caring for

- a frail, elderly parent or person with dementia
- a child with a learning disability
- a friend with a mental health problem or addiction
- or another caring role

advice@carersleeds.org.uk

www.carersleeds.org.uk

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