



## Caring during the lockdown

by Nikki Pattinson

I don't live with my Mum that's true  
But there's still ever so much to do,  
Lockdown didn't stop her needs  
If fact there are more, as she shields,  
We reduced her homecare to keep her safe  
Reminding her often to 'stay in place',  
When she had a fall late one night  
With help she managed to get upright,  
And avoided a trip to A&E  
Relief all round was there to see,  
Giving a twice daily call  
Means no medication is missed at all (a rarity!)  
My new skill learned over a cup of tea  
I'm now able to do basic chiropody!  
The food shop online, ringing the pharmacist  
So important to make sure nothing is missed,  
This doesn't end when lockdown does  
But as a carer you make no fuss!