



Produced by:-

Alzheimer's Society, Hillside Enterprise Centre, Unit 5, 1st Floor, Beeston Road, Leeds, LS11 8ND

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Whilst every effort has been made to ensure the Information in this leaflet is correct, Alzheimer's Society cannot accept any responsibility for suitability of services and venues in this publication.

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Alzheimer's Society is a registered charity in England and Wales (296645) and the Isle of Man (1128)

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Registered office: 43-44 Crutched Friars, London EC3N 2AE

MEMORY CAFES IN LEEDS



Come and join us at one of the many Memory Cafes taking place in the Leeds area



De-Caf Central Cafe

Carers Leeds, 6-8 The Headrow, Leeds, **LS1 6PT**

Second Wednesday of the month, 1.30pm-3pm

Entrance and refreshments: £1.00

Contact: Lisa on 0113 246 8338 for further details.

M&S Memory Cafe

M&S Company Archive, Michael Marks Building, University of Leeds, off Clarendon Road, Leeds, **LS2 9LJ**

Third Friday of the month, (except Bank Holidays), 1pm-3pm

Entrance and refreshments: FREE

Contact: Katie Entwistle on 0208 7182800 to book your place.

Open Door Cafe

The New Headingley Club, St. Michael's Road, Headingley, Leeds, **LS6 3BG**

Last Monday of the month, (except Bank Holidays), 1.30pm-3pm

Entrance and refreshments: £1.50

Contact: Fiona Porteous at Carers Leeds on 0113 2468338 for details.

Chapel Allerton Good Neighbours Cafe

31 Potternewton Lane, Leeds, **LS7 3LW**

Every 2nd and 4th Monday of the month from 12.30pm-1.30pm

Entrance: £2.00

For lunch, please book. £4.00 (soup/sandwiches, tea or coffee)

Contact: Stephanie on 0113 887 3597 for further details.

Al-Khidmat Dementia Cafe

Al-Khidmat Centre, 48 Spencer Place, Leeds, **LS7 4BR**

Every Wednesday from 10.30am to 2.30pm

Entrance and refreshments: £1.00

Primarily persons of Pakistani and Kashmiri origin.

Contact: Asghar Ali on 07851 259392 or email alkhidmat@live.com for further details.

Roscoe Cafe

Roscoe Methodist Church, Francis Street, Chapeltown, Leeds, **LS7 4BY**

Last Thursday of the month, 11.30am-1.30pm

Entrance and refreshments: £1.50

Contact: Grace Hickson on 0113 262 5131 for further details



If you or someone you know has questions or concerns about dementia, we are here for you.

Talk to us—our national Dementia Helpline can provide information, support and guidance.

Call **0300 222 122** 9am-8pm Monday to Wednesday, 9am-5pm Thursday and Friday, 10am-4pm at weekends or email helpline@alzheimers.org.uk.

Talk to others - Talking Point is our online community for anyone affected by dementia open 24-7. Visit alzheimers.org.uk/talkingpoint.

Find the information you need—our wide range of publications provide Information about all aspects of dementia and dementia care. See alzheimers.org.uk/publications.

Support near you - search our online services directory by postcode, town or city to find information about services and support groups in your local area.

Go to alzheimers.org.uk/dementiaconnect.

Memory Support Worker service—Leeds

Support for people experiencing memory problems

If you are registered with a GP in Leeds our Memory Support Workers can help you with: information and advice for you (or the person you know) about memory problems. Family and carers support and details on how to contact services that could help. Be a contact person for people living at home with dementia/memory problems and their family and carers.

For more information

Contact Tracy Brierley, Service Manager on 0113 231 1727.

This is an NHS service provided by Leeds and York Partnership NHS Foundation Trust supported by the Alzheimer's Society.

Moor Memories Cafe

Adwalton House, Windsor Surgery, 1-3 Wakefield Road, Drighlington,
BD11 1DH
Forth Friday of the month, 1.30pm-3.30pm
Entrance and refreshments Free of charge—donations welcome
Contact: David Young on 0113 2852017 for further information.

The Coffee Pot Memory Cafe

Drighlington Methodist Church, King Street, Drighlington,
BD11 1EH
Second Friday of the month, 1.30pm to 3.30pm
Entrance and refreshments Free of Charge—donations welcome
Contact: Trevor Martin on 0113 2854165 for further information.

Monday Memory Meet

The Spotted Cow, 122 Whitehall Road E, Drighlington, Bradford,
BD11 1LJ
Last Monday of every month, 1.00pm to 3.00pm
Entrance and refreshments Free of Charge—donations welcome
Contact: Julie or Paul on 0113 2852558 for further information.

Leeds Memory Walk, Temple Newsam Estate

Date: Saturday 22 September 2018

Arrive: 9.30am

Walk starts: 11.00am

With every step you will help change the lives of people affected by dementia – now and in the future.

Join us at the stunning Temple Newsam for Memory Walk this September. Sign up, register or join a team today. If you create a team your friends and family will be able to register individually using the team code and link sent in your welcome email.

Registrations close Thursday 20 September 2018.

Register your interest on: <https://www.memorywalk.org.uk/find-a-walk/leeds-2018/>

Take the shorter 2km walk for a gentle stroll around the estate which is suitable for Memory Walkers of all ages including pushchairs. The longer 6km walk will take you further into the park and woodland, with some steep hills and muddy paths, so don't forget your wellies and walking boots! Bring your pooches along, they too can do the walk. Please note all routes and distances are subject to change.



OASIS Cafe

Trinity United Church, Roundhay Road, Harehills, Leeds, **LS8 5PX**
Last Wednesday of the month, 11.30am-1.30pm
Entrance FREE but refreshments pay on site.
Contact: Mary Saddler on 0113 248 8422

Companionship Cafe

Terry Yorath Centre, 18 Devonshire Close, Leeds, **LS8 1BF**
Last Monday of the month, 10.30am-12noon
Entrance and refreshments: £2.00
Contact: Heather Welsh at Home Instead on 07923 025299

Hamari Yaadain—South Asian Cafe

Touchstone Support Centre, 53-55 Harehills Avenue, Leeds,
LS8 4EX
First Thursday of the month, 1pm-3pm
Entrance and refreshments: £1.00
Contact: Ripaljeet or Vanysha at Touchstone 0113 219 2727

Roost Cafe

Oakwood Lane Medical Practice, 2 Amberton Terrace, Leeds,
LS8 3BZ
First Tuesday of the month, 10.00am-12.30pm
Entrance and refreshments: FREE
Contact: Call 0113 2953750 for further details.

Memory Cafe

Montague Burton Resource Centre, Banstead Street West, Leeds,
LS8 5RU
Second and fourth Monday of the month., 2.30pm-4.30pm
Entrance and refreshments: £2.50
Contact: Paula Cox, Leeds Irish Health & Homes on 0113 2625614 for further details.

Memory Cafe

St Vincent's Support Centre, 4 Berking Avenue, Leeds, **LS9 9LF**
Second Thursday of the month., 2.00pm-4.00pm
Entrance and refreshments: FREE
Contact: Victoria Prout, St Vincent's Support Centre on 0113 2484126 for further details.

[The Bank Cafe](#)

Richmond Hill Community Centre, Long Close Lane, Leeds, **LS9 8NP**

Every Monday 11am - 1pm (for over 55's)

Entrance is free and all food and drink is sold at low cost.

Contact: Nicola Farley at RHEA on 0113 2485200 for further details.

[Valley Café Get-Together](#)

Wykebeck Valley Complex Needs Centre, Wykebeck Valley Road, Leeds, **LS9 6NR**

Last Thursday of the month, 1.00pm-2.30pm.

Entrance is free, donations welcome. Buns on sale.

Contact: Claire, Kelly or Marilyn on 0113 3789991 for further information and to let them know you are coming.

[Reflections Dementia Café](#)

Trinity Network, Nesfield Road, Belle Isle, Leeds, **LS10 3LG**

Second Saturday of each month. 10.30am-12.30pm

Entrance and refreshments: £1.50.

Contact: 0113 270 3935 for further details.

[Parnaby Pals](#)

Parnaby Tavern, 1 Middleton Road, Hunslet, Leeds, **LS10 2AB**.

Every Wednesday, 2pm-4pm

Entrance Free

Contact: Mark on 0113 271 2322 or Peter on 0113 288 9068

[Arm in Arm Memory Cafe](#)

Middleton Elderly Aid Social Centre, Acre Road, Leeds, **LS10 4LF**.

Last Wednesday of the month, 1.30pm-3pm

Entrance Free

Contact: Samantha Bickerdike on 0113 272 1050

[Pot O' Tea Cafe](#)

St Andrews Community Centre, Old Lane/Cardinal Road, Beeston, Leeds, **LS11 8AG**

First Wednesday of the month, 1.30pm-3.30pm.

Entrance and refreshments: £1.50

Contact: Janice Newsome, Carers Leeds on 0113 2468338

[Cosy Corner Memory Cafe](#)

The Methodist Church, Church Street, Leeds, **LS26 8RD**

Every 3rd Thursday in the month, 2pm-3.30pm

Entrance and refreshments: £1.00.

Contact: Pauline on 0778 0601917 for further details.

[St Mary's Memory Cafe](#)

St Mary's in the Wood URC, Commercial Street, Morley, Leeds, **LS27 8HY**

First Thursday of each month, 1.30pm-2.30pm

Entrance and refreshments: £1.00

Contact: Heather on 0777 1572 850.

[Morley Elderly Action Memory Cafe](#)

32 Wesley Street, Morley, Leeds, **LS27 9ED**,

Second Wednesday of the month, 1.30pm to 3.30pm

Entrance and refreshments: £1.50 (carers free)

Contact: Joanne Farrar on 0113 2534484 for further information.

[Penny Lane Cafe](#)

Pudsey Congs Cricket Club, Intake Road, Pudsey, Leeds, **LS28 9BZ**

Second Tuesday of the month. 2pm-4pm

Entrance and refreshments: £2.00.

Contact: Pudsey Live at Home 0113 256 2717 or Farsley Live at Home 0113 290 9340 for further details.

[Sunflower Memory Cafe](#)

St Johns the Evangelist Church Hall, New Street, Farsley, Pudsey, **LS28 5DJ**

Third Saturday of the month. 10am-12pm

Entrance and refreshments: £1.00.

Contact: Lorna on 0113 2298066 for further information.

[Caring Sharing Café](#)

Pudsey Congs Cricket Club, Intake Road, Pudsey, Leeds, **LS28 9BZ**

Forth Tuesday of the month, 2pm-4pm

Entrance and refreshments £2.00.

Contact: Mikayla at Pudsey Live at Home Scheme on 0113 256 2717 for further details.



Cielo Garforth Memory Cafe

41 Main Street, Garforth, Leeds, **LS25 1DS**

Fortnightly on Tuesdays (starting Tuesday 4th July), 1pm-3pm

Entrance and refreshments £1.00

Contact: Linda Castle on 0113 286 3534 at Cielo.

Decaf East Cafe

Garforth NET, The Firthfields Day Centre, Dover Street, Garforth, Leeds, **LS25 2LP**

Third Thursday of the month, 1pm-2.45pm

Lunch and entrance £4.50 or entrance only £2.00 (includes entertainment)

Contact: Monica at Neighbourhood Elders Team on 0113 287 4784

Tea Cosy Memory Cafe

Parish Centre (behind Salutes), Church Street, Rothwell, Leeds, **LS26 0QL**

First Saturday of each month, 9.30am-12.30am

Entrance including breakfast: £3.00.

Contact: Peter Smith on 0113 288 9068 or 07845 935233 for further details.

Care n' Hounds Cafe

Black Bull, 15 Commercial Street, Rothwell, Leeds, **LS26 0AX**

Every Monday, 2pm-4.00pm

Entrance: Free

Contact: Peter Smith on 0113 288 9068 or 07845 935233 for further details.

Buddies at the Bull

Black Bull, 15 Commercial Street, Rothwell, Leeds, **LS26 0AX**

Every Tuesday, 2pm-4.00pm

Entrance: Free

Contact: Peter Smith on 0113 288 9068 or 07845 935233 for further details.



The Garden Cafe

Ingram Gardens Community Centre, 17 Ingram Gardens, Holbeck, Leeds, **LS11 9SA**

Second Monday of the month, 12.30pm-2.30pm.

Entrance and refreshments: £2.00

Contact: Matthew Springthorpe, Holbeck Elderly Aid on 0113 2455553 for further information.

Corner Flag Café

Leeds United Football Ground, Elland Road, Leeds, **LS11 0ES**

(Go to East Stand Reception and the session will be in the **Eddie Gray Suite**)

Fourth Thursday of the month, 1.30pm-3.30pm

Contact: Debbie Marshall, Adult Social Care on 0789 1271 980 or

Alan Schofield on 0113 3676059. **Attendance to this café is by**

referral only - please call Debbie Marshall on 0789 1271 980 before attending this café.

Cop Shop Memory Cafe

West Yorkshire Police HQ, Leeds District HQ Community Room, Elland Road, Beeston, Leeds, **LS11 8BU** (entrance through the main reception doors)

Last Wednesday of the month, 1pm-3pm

Contact South Leeds Live at Home Scheme on 0113 271 6201.

Email: southleeds.liveathome@mha.org.uk.

Forget Me Not Cafe

Hamara Centre, Tempest Road, Beeston, Leeds, **LS11 6RD**

Second Tuesday of the month, 10.30am to 12.30pm

Contact: Arif at Hamara Centre on 0113 277 3330

Memory Lane Cafe (Armley)

Armley Helping Hands, Strawberry Lane Community Centre, Strawberry Lane, Armley, Leeds, **LS12 1SF**

Third Thursday of the month, 12pm-2.30pm

Entrance and meal: £2.00. £2.50 with transport.

Contact: Karen at Armley Helping Hands 0113 279 9292.

Attendance to this café is by referral only by Armley Helping Hands. This café is unfortunately only able to support people with dementia attending with family member, friend or carer.

Hidden Memories Café

Hawthorn Mill Sheltered Housing, Cobden Road, Lower Wortley, Leeds, **LS12 5HQ**

First Thursday of every month, 1pm-3pm

Contact: Sandra Clibbens on 0113 2311 561 from 2.30pm to 4.30pm

Monday to Friday.

Hug-in-a-Mug Cafe

Seacroft Grange Care Village, The Green, Seacroft, Leeds,

LS14 6JL

Last Tuesday of every month, 2pm-4pm

Entrance and refreshments: £2.00.

Contact: Angela or Iria on 0113 345 2300

Birds Of A Feather Café

Crossgates & District Good Neighbours Scheme, Station Road, Leeds,

LS15 7JY

Third Tuesday of every month, 1.30pm-3.30pm

Entrance and refreshments: £2.50

Contact: Moira 0113 260 6565/moira@crossgatesgns.org.uk

St Chad's Memory Café

St Chad's Church, Otley Road, Far Headingley, Leeds, **LS16 5JT**

Second Monday of every month, 1.30pm-3pm

Entrance and refreshments: £1.00

Contact: Revd. Tom Lusty on 0113 278 2475.

Remember When Group and Carer's Cafe

Quaker Meeting House, New Adel Lane, Leeds, **LS16 6AZ**

Runs fortnightly every Tuesday. 1.45pm-3.45pm

Entrance and refreshment: £3.00.

You need to contact the office if you would like to come along.

Contact: Sally-Anne on 0113 2619103 for further details or email

sally-anne@opal-project.org.uk.

Sweet Memories Cafe

Shadwell Independent Library, 99 Main Street, Shadwell, Leeds,

LS17 8LW,

Second Tuesday of the month, 10.30am-12.30pm

Entrance and light lunch: £3.50

Contact: Pam on 0776 1288133

Smile Memory Cafe

Central Methodist Church, Town Street, Horsforth, Leeds,

LS18 4AP

Fourth Wednesday of the month, 10am-11.30am

Entrance and refreshments: £1.00.

Contact: Sally Metcalfe at Horsforth Live at Home on 0113 2591511 for further details

Forget Me Not Cafe (Yeadon)

Rawdon Cricket Club, 28 Larkfield Road, Rawdon, Leeds, **LS19 6DZ.**

First Wednesday of the month, 1.30pm-3.30pm

Entrance and refreshments: £1.50.

Contact: Jean Fletcher on 0744 9535298 or Jean Deeming on 0113 2504992

Memory Lane Café (Yeadon)

Yeadon Town Hall, High Street, Leeds, **LS19 7PP**

Last Friday of the month. 1pm-3.30pm

Entrance and refreshments: £2.00.

Contact: Amanda Botterill at Yeadon Charities Association 07989 356923 for further details.

Meet Up Mondays

St Joseph's RC church Hall, 20 Westgate, Wetherby, **LS22 6LL**

Every Monday from 1pm-3pm

Entrance and refreshments: £3.00. *For Soup and a roll it is a £1.00 donation that is served between 1pm-1.30pm only*

Contact: Maureen Moore at Dementia Forward on 01765 645904 or WISE 01937 58 8994 for further details

The Sunshine Café

Collingham Village Hall, Main Street, Collingham, **LS22 5AT**

Last Wednesday of each month. 2pm-4pm

Entrance and refreshments: £2.00.

Contact: WISE 01937 58 8994 for further details

Boston Spa Tea Party

Boston Spa Village Hall, Jubilee Room, 199 High Street, Leeds,

LS23 6AA

Second Tuesday of the month, 2pm-4pm

Entrance and refreshments: £2.00.

Contact: WISE 01937 58 8994 for further details