



# Leeds Commitment to Carers

A city wide commitment to supporting 72,000+ unpaid carers in Leeds introduced and managed by the Leeds Carers Partnership.



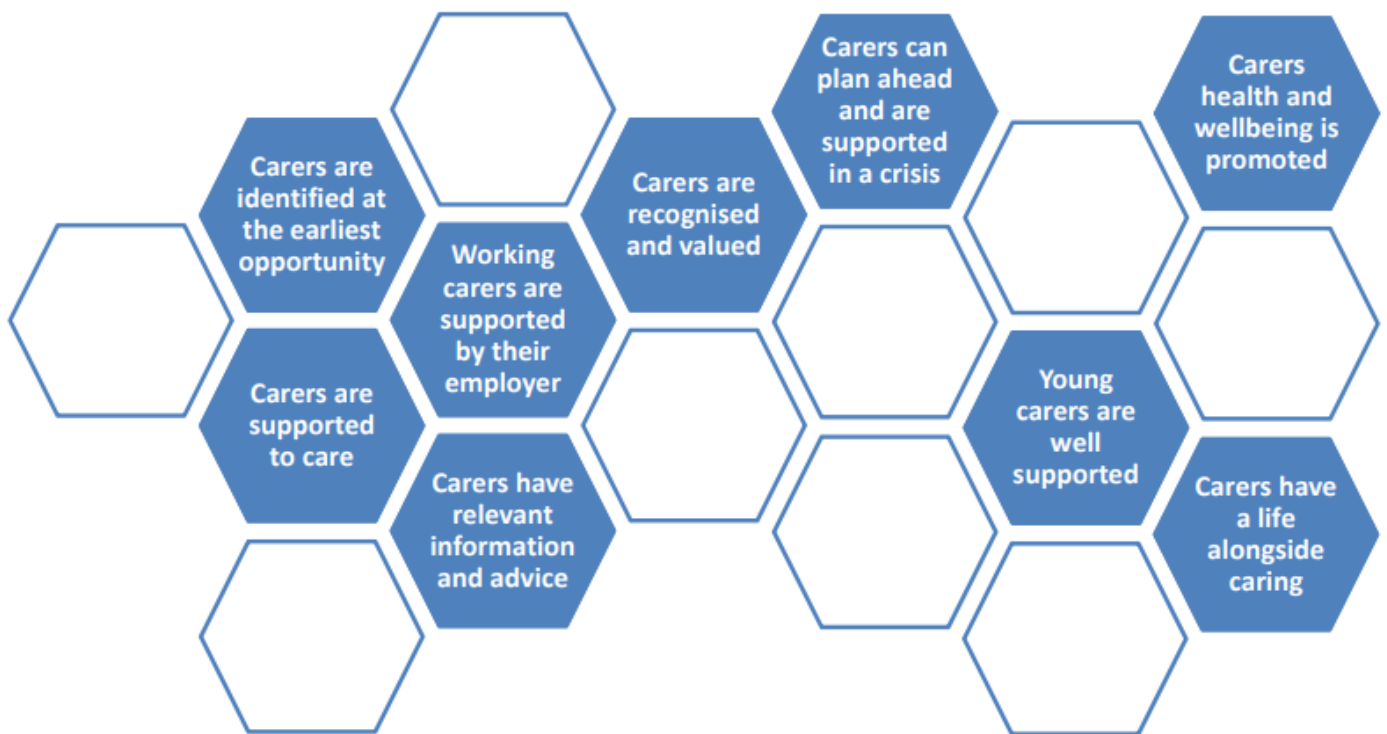
## The Leeds Commitment to Carers

Leeds has a bold ambition to be the best city for health and wellbeing in the UK. Unpaid carers are crucial both to our communities and to the sustainability of health and social care in Leeds. If we are to be the best city for health and wellbeing, we need to be the best city for carers!

That means being the best at identifying carers, the best at recognising and valuing the contribution that carers make, the best at promoting carers own health and well-being and the best at supporting working carers.

By taking action to demonstrate your own commitment you are taking a positive step in making Leeds the best city for carers.

## What we strive for



## Organisation contact details

Organisation	
Contact name	
Job title	
E-Mail	
Website	
Please provide a short summary of your organisation	

## What's working & what can you do better?

We want you to think about the things you do well for carers and the things you could do better. The following prompts are suggestions to help you complete the next section – not all of the prompt questions will be relevant to your organisation.

- In what ways do you gather feedback from carers and what does that feedback tell you?
- How do you identify carers who come into contact with your organisation?
- How do you make sure that carers are involved in the planning of care for the people they care for?
- In what ways do you support carers to look after themselves?
- What information do you provide for carers, how do you provide it and how do you make sure that carers know where to go to get good information and advice?
- How do you know if someone in your workforce is a carer and how do you support them to balance work and caring?
- How do you know if someone is a young carer and what do you do about it?
- What activities or opportunities do you promote or provide which help carers to have a break from caring or pursue hobbies and interests?
- What do you do to make sure staff in your organisation are 'carer-aware'?
- How do you make sure that carers are involved in planning and commissioning services and in quality assurance?

## What's working & what can you do better?

Please tell us what things your organisation does well to support carers and how you know you do these things well.

Please tell us about the things you think your organisation could do better to support carers.

## Completing your action plan

Please follow these simple steps:

1. Identify the actions that your organisation is going to take (we suggest two or three actions)
2. Give each action a title
3. Select the relevant outcome area for each action from the list below
4. Then say what you are actually going to do and if possible by when. There is no need to go into too much detail – just provide enough detail so people can have a good grasp of what you are doing.

## Outcome areas

If Leeds is the best city for carers, organisations and service providers will be able to show how they:

1	Work in partnership with others to support carers
2	Promote good practice in the identification and recognition of carers
3	Involve carers in the assessment and planning of services for the person they care for and consider the impact on carers' health and wellbeing in healthcare and support plans
4	Support carers to be healthy and to make informed choices about their caring role
5	Provide carers with relevant information and signpost/refer carers to specialist information, advice and support
6	Support carers to access local resources
7	Provide meaningful opportunities for carers to be involved in designing services, commissioning decisions and checking the quality of services
8	Measure what matters to carers
9	Are a carer-friendly employer
10	Train and support their workforce to be 'carer aware'

## Action 1

Action title	
Outcome area	
Details – please tell us what you are actually going to do and by when	

## Action 2

Action title	
Outcome area	
Details – please tell us what you are actually going to do and by when	

## Action 3

Action title	
Outcome area	
Details – please tell us what you are actually going to do and by when	

## Next steps

Please send your completed action plan to: [ian.brookemawson@leeds.gov.uk](mailto:ian.brookemawson@leeds.gov.uk)

Your action plan will be shared at the Leeds Carers Partnership who will either approve your action plan or ask you for more information.

When your action plan has been approved you will receive a certificate of recognition.

You will be asked to tell us how you are doing six months and twelve months after you submit your action plan – if the Carers Partnership believe you have made good progress you will receive a certificate of achievement.

### Contact

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For more information about the Carers Partnership , visit  
<http://www.carersleeds.org.uk/the-leeds-carers-partnership/>

