Are you affected by someone else’s drug or alcohol use?

If you care for a friend or family member who misuses drugs or alcohol, you are a ‘Concerned Other’ and we are here to support you.

We offer advice, information and support to you.

Facebook: /carersleeds  Twitter: @carersleeds  www.carersleeds.org.uk
**What do we do?**
We work to inform and empower Concerned Others throughout the challenge of dealing with someone else’s drug or alcohol use.

**How do we do it?**
- We give emotional support, advice and guidance;
- We look at your choices, making sure that you are safe and thinking about changes you would like to make;
- We offer information workshops on addiction and recovery; and
- Support groups offer an opportunity to meet other people in similar situations, share ideas and access peer support.

**How do you find us?**
Meet: 6 - 8 The Headrow, Leeds LS1 6PT
Call: 0113 380 4300
E-mail: info@carersleeds.org.uk
Visit: www.carersleeds.org.uk

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Carers Leeds is committed to delivering services to support the culturally diverse communities of Leeds. Carers Leeds is a LGBT friendly service.