



**Carers
Leeds**

Working together to support carers

carers advice line
0113 380 4300

Are you affected by someone else's drug or alcohol use?

If you care for a friend or family member who misuses drugs or alcohol, you are a 'Concerned Other' and we are here to support you.

**We offer advice,
information and support
to you.**



/carersleeds



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www.carersleeds.org.uk

What do we do?

We work to inform and empower Concerned Others throughout the challenge of dealing with someone else's drug or alcohol use.

How do we do it?

- We give emotional support, advice and guidance;
 - We look at your choices, making sure that you are safe and thinking about changes you would like to make;
 - We offer information workshops on addiction and recovery; and
 - Support groups offer an opportunity to meet other people in similar situations, share ideas and access peer support.
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How do you find us?

Meet: 6 - 8 The Headrow, Leeds LS1 6PT

Call: 0113 380 4300

E-mail: info@carersleeds.org.uk

Visit: www.carersleeds.org.uk

Carers Leeds is a Registered Charity No: 1058706

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Carers Leeds is committed to delivering services to support the culturally diverse communities of Leeds. Carers Leeds is a LGBT friendly service.



Leeds and York Partnership 
NHS Foundation Trust

