



Support Line
0113 380 4300

Are you supporting a family member or friend who is living with young dementia?

We offer tailored support to carers of people living with a diagnosis of dementia under the age of 65.

Website carersleeds.org.uk
Email support@carersleeds.org.uk
Facebook Carers Leeds
LinkedIn Carers Leeds

in partnership with:

**INSPIRE
NORTH**

Carers Leeds supports carers of people living with young dementia. Young dementia means those aged under 65 at the time of diagnosis.

We work in partnership with Inspire North Young Dementia Leeds Hub to offer one to one support, where we'll talk about your caring role, your own health, discuss any concerns, support you to access other helpful services and find coping strategies.

Our tailored support also includes:

- Flexible appointments to suit you. This could be at the Young Dementia Hub in Cottingley, our office, a confidential location, or via phone or video call
- Regular 'understanding dementia' workshops to build knowledge and plan for the future
- Carer support and information groups for those supporting a younger person with dementia
- Additional information via our website or through our Support Line

Sign up to our newsletter
Scan the QR Code



Get in touch

Call Us **0113 380 4300**
Mon, Wed, Thu, Fri: 9am - 4.30pm
Tue: 9am - 6.30pm

Webchat **Click the webchat icon on our website to speak with a member of our team.**

Website **Visit carersleeds.org.uk/dementia for more information and resources.**

Email **support@carersleeds.org.uk**