Do you look after a family member or friend?

Carers Leeds can help.

Website carersleeds.org.uk
Email support@carersleeds.org.uk
Facebook Carers Leeds
Linkedin Carers Leeds

Carers Leeds

Carers Leeds

Who are we?

Carers Leeds offers free support and information to unpaid carers across Leeds. An unpaid carer is someone who provides support to a family member or friend, who, due to illness, disability, dementia, mental health issues or an addiction, cannot manage without their help.

We can help you through our:

- Support Line – someone to talk to, information and guidance.
- 1:1 support – in person or on the phone.
- Support groups – meet with people who have similar experiences as you.
- Information to help you in your caring role.

We can support you to manage your own health, wellbeing and relationships, as well as your caring role. We can also offer guidance on managing money and practicalities, and how to get time to yourself.

Sign up to our newsletter
Scan the QR Code

Get in touch

Call Us
0113 380 4300
Mon, Wed, Thu, Fri: 9am - 4.30pm
Tue: 9am - 6.30pm

Webchat
Click the webchat icon on our website to speak with a member of our team.

Website
Visit carersleeds.org.uk for resources, booking an appointment, or to request us to contact you.

Email
support@carersleeds.org.uk