

Carers Leeds

Carers Leeds

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subscribe to
our newsletter



Need advice and support?

Call 0113 380 4300
Email advice@carersleeds.org.uk
Website carersleeds.org.uk

Socials

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Registered Charity No. 1058706
Company Limited by Guarantee 3242065

I care for my

Husband, wife, son, daughter etc

Please tick

I would like to be coded as a carer on my patient record.

The person I care for is a patient at this practice.

The person I care for is a patient at another practice.

I am happy for a member of the practice to ask me about my caring role.

Signature.....

Looking after a family member or friend?

Tell your GP Practice today.



Support Line
0113 380 4300

Caring and your health

Caring for someone can affect your own health and wellbeing. That's why it's important to let your GP practice know you are a carer.

By doing so, your practice can better support you and take your caring role into account when you attend appointments.

- Health protection – updates on flu and Covid vaccinations/boosters to help keep you and the person you care for well.
- Ongoing support – information about health checks and local events for carers.
- Specialist advice – links to Carers Leeds for information, guidance, and support.

How Carers Leeds can help

Carers Leeds offers free support and information to unpaid carers across Leeds.

An unpaid carer is someone who provides support to a family member or friend, who, due to illness, disability, dementia, mental health issues or an addiction cannot manage without their help.

We can help carers with:

- Your health and wellbeing
- Managing at home
- Taking a break
- Finance, grants and benefits
- Your rights at work

Request a callback

Scan the QR code and complete our short form. A member of the Carers Leeds team will give you a call back at a time that suits you.



Support for Carers

Tell your GP you're a carer – complete this form and hand it in at reception:

Name

Address

Phone

Email

Please turn over