



Support Line
0113 380 4300

Are you a carer and would like to have a regular chat?

Our Carers Befriending service can help.

Find out more
Scan the QR Code



Website carersleeds.org.uk
Email advice@carersleeds.org.uk
Facebook Carers Leeds
Bluesky @carersleeds

**C Carers
Leeds**

Our Carers Befriending service is a confidential telephone and face-to-face befriending service, matching trained volunteers with carers.

Who is it for?

The service is for all unpaid carers aged 18 or over living in Leeds, who are looking after someone who lives at home, or who has moved into a care home within the previous 3 months.

How does it work?

Our friendly volunteers make regular phone calls and can meet up face-to-face to give carers the opportunity to:

- Chat about their caring role
- Talk about their health
- Improve their wellbeing
- Make social contacts in their local area
- Share their worries and concerns

Sign up to our newsletter
Scan the QR Code



Get in touch

Call Us **0113 380 4300**
Mon, Wed, Thu, Fri: 9am - 4.30pm
Tue: 9am - 6.30pm

Webchat **Click the live chat icon on our website to speak with a member of our team.**

Website **Visit carersleeds.org.uk/befriending for more information.**

Email **advice@carersleeds.org.uk**