



Leeds

Care Services Directory 2025

The essential guide to choosing and paying for care and support

In association with

Outstanding care and support in later life



Westward Care

We are one of Leeds' most respected health and social care providers with a proven track record in providing award-winning care and support. Our network of care homes and retirement apartments is small enough to provide quality and individual care, but large enough to provide care services that are right for you, even if your circumstances change.



- Retirement Apartments
- Respite Care
- Holiday Stays



- Residential Care
- Retirement Apartments
- Dementia Care
- Respite Care
- Holiday Stays



- Residential Care
- Dementia Care
- Respite Care
- Holiday Stays



- Residential Care
- Retirement Apartments
- Dementia Care
- Respite Care
- Holiday Stays



Where choice and quality go hand in hand.

Find out more online at westwardcare.co.uk or call 0113 331 4830

Headingley Hall
Shire Oak Road
Leeds LS6 2DD
Tel. 0113 275 9950

Southlands
Wetherby Road
Leeds LS8 2JU
Tel. 0113 265 5876

Pennington Court
Hunslet Hall Road
Leeds LS11 6TT
Tel. 0113 228 4040

The Cedars
Church Side
Leeds LS26 9BH
Tel. 01977 512993



Follow for our latest news and activities

Introduction How to use this Directory	5	Paying for care Understanding the system	52
Leeds Care Association Welcome from Leeds Care Association	7	Important information Further help and information	55
Helping you to stay independent Local services, equipment and solutions	8	Residential care in Leeds Comprehensive listings of care homes and care homes with nursing	59
Support from the council First steps and assessment	14	Useful local contacts	71
Services for carers Assessment, benefits and guidance	16	Useful national contacts	72
Care in your own home How it can help	17	Index	75
Living with dementia at home Family support, respite and services	19	Essential checklists Assistive technology 13 Home care agency 23 Care homes 46 Residential dementia care 49	
Paying for care in your home Understanding your options	21		
Home care providers A comprehensive list of local agencies	27		
Housing with care The different models available	40		
Specific care and support services Disability care, end of life care and advocacy	43	All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.	
Care homes Types of homes and activities explained	50		

To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**.
Alternatively, visit **www.carechoices.co.uk/order-copies-of-a-directory** to order a copy online.

Alternative formats

This Directory is available electronically at **www.carechoices.co.uk/** The e-book is also Recite Me compatible for those requiring information in the spoken word.





Horsforth Manor Care Home

Residential | Dementia | Respite Care | Day Care

Yorkcare Homes provide exceptional standards of care for our residents, focusing on individualised services, high-quality staffing, and a nurturing environment offering specialised programs, modern and luxury amenities, and a commitment to enriching the lives of our residents.

Contact us today on 0113 8315900

Part of the Yorkcare Homes Group | www.yorkcarehomes.co.uk | Exceptional Care, Comfort & Community



"Award Winning Environments"

- ★ Recognition for our exceptional quality of care, innovative practices, and commitment to resident well-being.
- ★ We provide a safe environment with comfortable living spaces that promote a sense of home.
- ★ Our facilities consistently meet or exceed industry standards, ensuring residents receive the best possible personal care.
- ★ Our homes are designed to be welcoming and accessible, featuring comfortable living spaces, outdoor areas, and communal spaces that encourage social interaction.



YORKCARE HOMES
Care Homes of Distinction

Horsforth Manor includes two in-house bars with a barista station, restaurant-standard dining rooms, a full beauty and hairdressing salon, and outdoor terraced balconies overlooking the surrounding area. The home offers beautifully landscaped gardens with private seating areas for our residents and their visitors to enjoy. All the bedrooms are designed to be spacious and come fully furnished, complete with an en-suite wet room. Each room is adorned with highly finished décor and interiors, and the ground-floor bedrooms include doors out to private patio areas.

Our skilled, knowledgeable, and compassionate care teams are committed to providing exceptional around-the-clock care and support. We utilise innovative care plan technology to customise each resident's care based on their unique needs, ensuring they receive the highest-quality support and attention. The home provides a range of activities that encourage social interaction, physical activity, and cognitive engagement.

Our trained chefs and culinary team produce daily menus that are bursting with fresh, nutritious meals that can be personalised to meet any dietary requirements. We pride ourselves on creating a wonderful dining ambiance with beautifully plated meals which show our commitment to quality.

Awards and accreditations from reputable organisations highlight our commitment to excellence.

Overall Experience

"Lovely home with lovely big rooms.

Wonderful staff too many to name, who genuinely care for the residents. This is a happy home you are greeted on arrival by one of the staff who is friendly and kind to everyone.

When I leave my mum, I always feel she's in safe hands, residents are encouraged to take part in all activities from crafts to indoor games to singers coming in. Trips are arranged on a regular basis these include trips to shops, garden centres etc. These are arranged by the wonderful entertainment manager. The home asks residents and families for regular feedback and are always striving to improve.

Thanks for looking after my mum so well."

Review submitted on www.carehome.co.uk
verified website July 2024



Horsforth Manor Care Home, Manor Road, Horsforth, Leeds, LS18 4DX

Introduction

Welcome to this edition of the independent Leeds Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing. If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services available.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 14. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 21 for those paying for care at home and page 52 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your

circumstances. Ideas to make life easier at home start on page 8 and a list of local home care providers begins on page 27.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 40) or residential care. Comprehensive lists of care homes and care homes with nursing in Leeds start on page 59. There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 56), indicating the quality of care provided. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk**



NOW
welcoming new
residents



Luxury living with tailored care

We are proud to announce our brand new, purpose-built luxurious residential care home, The Manor House Roundhay. Our home offers a wide range of impressive five-star accommodation and provides exceptional compassionate residential and residential dementia care.

If you are considering care for yourself or a loved one, we're happy to discuss our care and any questions you may have.

Please call on **0113 537 3416** or visit
ManorHouseRoundhay.org.uk

6/6A Park Avenue, Roundhay, Leeds, LS8 2JH



The
Manor House
ROUNDHAY | YORKSHIRE

Leeds Care Association



Welcome to this independent edition of the Leeds Care Services Directory. As the membership body for care providers in Leeds, we hope you find it useful.

Finding care services, whether that's a care home or home care agency, for yourself or a loved one is never easy. You may find that you don't have time, or you aren't sure what you should be looking for. This Directory and Leeds Care Association could help you.

Are you looking for a care provider?

Leeds Care Association (LCA) may be able to help. Many of the independent care providers in Leeds are members of LCA and as such, are committed to continuous improvement in the quality of the services they provide, the environment they create and the training and development of their staff. They cover a range of services, including care homes, care homes with nursing, intermediate care, domiciliary care, supported living and some can offer respite care.

Visit **www.leedscare.co.uk** for details of our member providers.

LCA can assist you in finding a provider

Email **info@leedscare.co.uk** with the type of service you are looking for and brief details of the care and support you need. LCA will find out for you where the vacancies are amongst members.

Aims and objectives

LCA has a number of main aims, including to:

- raise the profile and increase the status and recognition of the work of its members;
- maintain a strategic knowledge bank for the benefit of its members; and
- develop membership, member benefits and services across all areas of care provision to meet the needs of service users.

This is done by:

- supporting members in the effective management and development of their business; and
- providing impartial advice to those seeking care/housing options.

Disclosure and Barring Service (DBS)

LCA is a registered umbrella body for the DBS. Members benefit from a discounted rate for their staff disclosures and LCA offers a personal and efficient service which supports care employers in their recruitment and HR activities.

Website

A one-stop-shop for information on issues within the sector. LCA members are entitled to free advertising along with job vacancies and bed vacancies.

If you are a care provider and have any questions about **LCA** membership, or if you are looking for care in Leeds and need some support, please contact us.

Tel: **0113 287 3490**

Email: **info@leedscare.co.uk**

Web: **www.leedscare.co.uk**



Helping you to stay independent

Services developed in partnership with the voluntary sector

Adult social care works with voluntary and community organisations to supply preventative care services. These are a vital form of support and help maintain independence and social inclusion, whilst helping to delay or avoid the need for more statutory interventions.

Examples of services developed in partnership with the voluntary sector include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers; and
- handyperson schemes.

Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as

chiropractic or hairdressing. There is a wide variety around the county, catering for older people and people with mental health conditions, learning disabilities and dementia. Day centres can be as important for carers as those attending as they allow regular breaks from caring.

You can find day opportunities local to you by searching 'Day centre' at **www.leedsdirectory.org**

Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately. In Leeds, Meals on Wheels delivers this service as part of Leeds City Council.

For more information, visit **www.leeds.gov.uk/civicEnterprise** (select 'Presto'). You can also call **0113 378 3750** or email **prestocommunitymeals@leeds.gov.uk**

Alternatively, you could arrange to have meals delivered privately. You may find a service by word of mouth or using the internet – your local library may be able to help here.



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

Adapting your home

To remain in your own home for as long as you would like to, you should ensure it is safe, secure and warm. Some forward planning to ensure the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyman service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you at an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit <https://housingcare.org> or contact **Leeds City Council**.

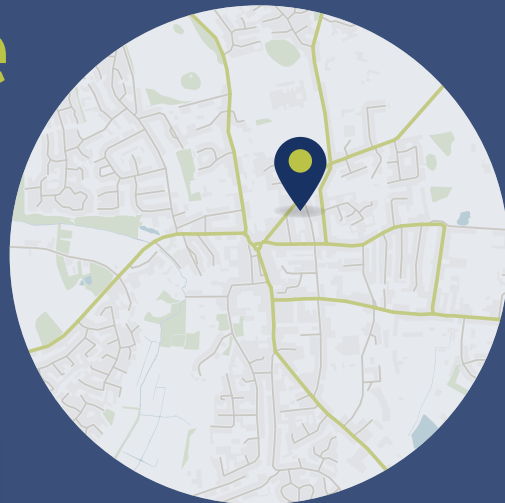
Tel: **0113 222 4401**



Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Scan to search now

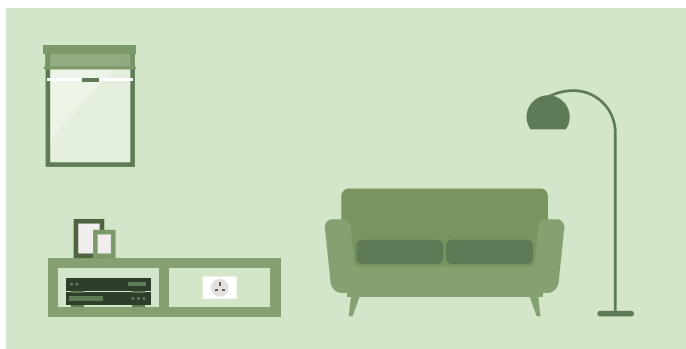
www.carechoices.co.uk



 CareChoices

Making life easier at home

If you're having difficulties with everyday tasks, these simple solutions could make life easier and enable you to retain your independence. These are a starting point; other solutions are available, which might better suit you.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit **www.gov.uk/winter-fuel-payment**

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available that turns your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Make a note of when you've taken them or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large-handled cutlery could help, as could non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Having tap turners fitted can make **using taps** easier. You could also consider changing to lever-style taps, which might be easier for you to use.



Handled plug



Chair raisers



Chopping board



Level indicator



Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at www.carechoices.co.uk/staying-independent-at-home/ There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support – see pages 17 and 18.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist, or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat or a seat with a built-in support frame if it's **hard to use your toilet**. Flush-lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath, or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Leeds City Council

Tel: **0113 222 4401**

Email: leedsadults@leeds.gov.uk

Web: www.leeds.gov.uk/adult-social-care



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

Specialist equipment

If you need help with tasks around the home, there is a range of specialist equipment available to make life easier and improve your safety and independence, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

Living Made Easy provides a quick and easy-to-use online guided advice service. It can help you find equipment that suits your needs if you have difficulties with everyday tasks.

Visit <https://livingmadeeasy.org.uk> to learn more about possible solutions or see pages 10 and 11. Once you have identified equipment that might help with your support needs, use the checklist on page 13 to make sure it's right for you.

Care and Repair Leeds

Help and advice on the types of equipment that will make living at home easier.

Tel: **0113 240 6009**

Email: enquiries@care-repair-leeds.org.uk

Web: <https://care-repair-leeds.org.uk>

Leeds Community Equipment Service (LCES)

Leeds City Council's integrated supplier of daily living equipment.

Tel: **0113 378 3282**

Email: lcesadultequipment@leeds.gov.uk

William Merritt Disabled Living Centre and Mobility

Independent information and advice about specialist equipment.

William Merritt Centre, Aire House, 100 Town Street, Rodley LS13 1HP

Tel: **0113 350 8989**

Text: **07858 224510**

Email: info@wmdlc.org

Web: www.wmdlc.org



Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. When the sensors in the equipment are activated, it will connect



to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow you to regain confidence in your home and remain independent. Relatives and carers are also reassured, safe in the knowledge that, should an incident occur, someone will be on hand to help. Some devices can also help monitor particular health conditions and reduce the need for hospital admission.

You can buy Telecare and assistive technology from private companies and organisations or, if you're eligible through an assessment (see page 14), Leeds City Council may be able to provide it for you. For further information, visit www.leeds.gov.uk (search 'Equipment to help you live at home').

It's a good idea to consider the following questions before buying any assistive technology. If you are unsure about what technology might help meet your needs, you can contact your council or visit <https://livingmadeeasy.org.uk>

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

Does the equipment support your specific needs? ☐

Are you willing to use it? ☐

Will it fit into your everyday life and routine? ☐

Have you tried a demo of the equipment? ☐

Do you understand what the equipment is for? ☐

Do you need to take it with you when you leave the house? Is it transportable? ☐

Does the equipment have any limitations that would make it unsuitable for you? ☐

Will it work alongside any assistive technology you already have? ☐

Usability

Is a simpler piece of equipment available (e.g. a pill case rather than an automated pill dispenser)? ☐

Does the equipment need a plug socket and will any wires cause a trip hazard? ☐

Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? ☐

Are you able to use it? Are there any aspects you don't understand? ☐

Notes

Will it need to be installed by a professional? ☐

Can the retailer provide you with training in using the equipment? ☐

Reliability

Will it work if you have pets or live with other people (e.g. could someone else set off a sensor alarm by accident)? ☐

Have you read reviews of the equipment you are looking at? Consider these before making your purchase. ☐

Can you speak to someone who already uses it? ☐

Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this. ☐

Is it durable? If you drop it, is it likely to break? ☐

Cost

Do you know how much it costs? ☐

Will you need to pay a monthly charge? ☐

Are there alternative solutions that might be free? ☐

Is there a cost associated with servicing the equipment? ☐

Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe several ways in which eligible adults can receive a mixture of local authority and government money to pay for the care services

they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to have an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and

- any health and medical treatments you need.

You will need to contact adult social care to arrange an assessment. Call **0113 222 4401**.

Once adult social care understands your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment. Information on paying for care can be found on page 21 if you are receiving home care and page 52 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget. A Personal Budget is the amount of money the council calculates it will cost to meet your support needs. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances.

The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or partial contribution to such costs. You may also choose

to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council. If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of these options.

Assessments from hospital

If you have been admitted to hospital and you need care on discharge, you may be referred to the discharge team for an assessment. It will most likely take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, adult

social care will work with you, and your family and carers, to either restart services in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If eligible, a reablement worker will support you for a limited period, usually up to six weeks.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it's about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you

money. For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. They may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

Intermediate care

Intermediate care gives recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. The care can be provided by care staff, occupational therapists and physiotherapists, with additional support provided by the local GP surgery, social workers

and community nurses. This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 53 for more information.

Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.



Services for carers

Who is a carer?

A carer regularly looks after, helps or supports someone who can't manage everyday life without their help. The carer doesn't have to be living with the person they care for, and the help they give doesn't have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;
- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;

- shopping and food preparation;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company;
- emotional support or communicating; or
- keeping an eye on someone to make sure they are safe.

Anyone who is caring for someone in Leeds can contact Carers Leeds (contact details below) for information and advice. There's a host of guidance on the website or carers can call, email or drop in for support with their specific needs.

Carers Leeds

6-8 The Headrow LS1 6PT

Tel: **0113 380 4300**

Email: **advice@carersleeds.org.uk**

Web: **www.carersleeds.org.uk**

Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell the council what they need as a carer and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at the following:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The assessment can also give lots of information

about other services that might help and other ideas for support. The carer's assessment will show if the carer qualifies for support from adult social care.

Carers' Personal Budgets

The carers' Personal Budget is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When adult social care considers a carer's Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by their carers' assessment. The money is not taxed, and it will not affect any benefits.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the person who is being cared for. If they have a

Personal Budget for their own needs (see page 14), they could use that money to pay for it. A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

For more information about paying for care, see pages 21 and 52.

Benefits

There are several benefits that carers may be entitled to, and it is worth exploring all of them. One such benefit is the Carer's Allowance. This is currently £81.90 per week but it may change over the lifetime of this Directory.

Carers may also qualify for Carer's Premium or Carer's Credit depending on their eligibility. If the person you're caring for receives the severe disability premium (or severe disability addition in Pension Credit), this may be lost if you claim Carer's Allowance and/or Carer's Premium. Seek specialist independent advice before claiming Carer's Allowance.

Carer's Premium is an extra payment of up to £45.60 per week that can sometimes be added to the calculation of other benefits you might get on top of Carer's Allowance. Carers who do not qualify for Carer's Allowance may qualify for Carer's Credit.

The Government's website (www.gov.uk) has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation, which may be able to help undertake a benefit check for you. See page 16 or find other organisations supporting carers in Leeds at www.leedsdirectory.org

Resource for those supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance,

policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit www.myfamilyourneeds.co.uk

Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need

to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital, someone may carry out an assessment of your situation to see if home care

will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens,

contacting adult social care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support. Even those with quite significant and debilitating medical

conditions can get skilled personal care that helps them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. See below for more information about live-in care. A list of all home care agencies operating in Leeds starts on page 27.

Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary.

The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 56.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 56), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk**

The Care Quality Commission (**www.cqc.org.uk**) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 56.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too. The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

Living with dementia at home

If you are experiencing persistent forgetfulness or memory difficulties and it is causing you to feel concerned, you should consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, adult social care and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers' support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia and find out more about the condition. When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;
- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.



Bespoke home care

Live life to your own schedule, in your own home, on your own terms

We offer a range of services from companionship and housekeeping to condition-led care. Whether it's a short daily visit or round the clock support, our personalised care plans are centered to best support your loved one's individual needs & routines.

 Regular and reliable
Visiting care

 24-hour support
Live-in care

✓ Rated 4.8 on ★ Trustpilot

✓ Regulated by the CQC & CIW

✓ Experts in dementia care

✓ Providing care for over 35 years

Contact your local branch today for a free assessment!

Leeds
01138 687 293

Rothwell
01135 376 725

for more details visit: helpinghands.co.uk



Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends gives people an understanding of dementia and the small things they can do to make a difference for people living

with dementia, from helping someone find the right bus to spreading the word about dementia.

Visit **www.dementiafriends.org.uk** for further information about the initiative.

Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and

can involve the person with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break. Contact the council to see if you are eligible for support with arranging these services – see page 14 for information on assessments.

Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean they require some support services at home. The person living with dementia will

respond best to having the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or their family.

Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community. Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities.

Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers. Attendance at day centres can be offered from just a few hours a week to a number of days. Contact the council or your local Alzheimer's Society office for more details – see 'Useful local contacts' on page 71.

Alzheimer's Society

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information, support and to access local services. See page 71 for contact details.

Alzheimer's Society's Dementia Connect support line is available on **0333 150 3456** and can provide information, support, guidance and signposting to other appropriate organisations. The helpline is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and

Sunday. For more information on care homes for people with dementia, see page 50.



Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell adult social care when your savings are likely to fall below this amount.

The council calculates charges in accordance with national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adult social care can help you to identify these costs. They will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits.

Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have.

AA is payable to people over State Pension age and PIP to those aged between 16 and State Pension age. There are different rates that can be awarded, dependent on the level and type of help you need.

These can be found at **www.gov.uk** and you can check your State Pension age at **www.gov.uk/state-pension-age**

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

Money Helper

A free and impartial money advice service set up by the Government.

Tel: **0800 138 7777**

Web: **www.moneyhelper.org.uk/en**

Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 202 0454**

Email: **admin@societyoflaterlifeadvisers.co.uk**

Web: **https://societyoflaterlifeadvisers.co.uk**

Further information on paying for care begins on page 52.



Search for care in **your area**

With so many providers to choose from, where do you start?

You, a friend or family member may be looking to stay living independently at home, with support from a home care or live-in care provider, or perhaps a care home would be more suitable. The Care Choices website has been designed to help your search for care.



Find care providers quickly and easily



Search by location and care need



Information on care quality



Links to inspection reports

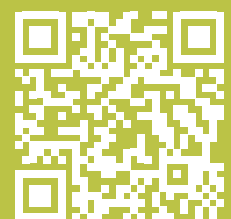


Additional information, photos and web links



Brochure requests

www.carechoices.co.uk



Scan to search now

Agency 1

Agency 2

Agency 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

About the agency

- How long has the agency been operating? ☐ ☐ ☐
- How long are staff allocated per visit? ☐ ☐ ☐
- Can you contact the agency in an emergency or outside office hours? ☐ ☐ ☐
- Does the agency have experience with your specific needs? ☐ ☐ ☐

Staff

- Are you likely to be visited by different staff each day? ☐ ☐ ☐
- Are all staff checked with the Disclosure and Barring Service? ☐ ☐ ☐
- Will you be notified in advance if your care worker is on holiday or sick? ☐ ☐ ☐
- Are staff matched to you specifically, based on your needs and preferences? ☐ ☐ ☐
- Can you meet your care worker(s) before they start? ☐ ☐ ☐
- Does the agency have both male and female staff? ☐ ☐ ☐

Accommodating your needs

- Can the agency accommodate your needs if they increase? Ask about the process for this. ☐ ☐ ☐
- Does the agency have a training scheme in place? ☐ ☐ ☐
- Are all staff trained to a certain level? ☐ ☐ ☐
- Are staff able to help with administering medication if required? ☐ ☐ ☐
- Is there a way for staff to communicate with each other about the support they provide when they visit you? How? ☐ ☐ ☐

Regulation

- Will your support plan be reviewed at regular intervals? ☐ ☐ ☐
- Can you see the agency's contract terms? ☐ ☐ ☐
- Can you lodge a complaint easily? ☐ ☐ ☐
- Are complaints dealt with quickly? ☐ ☐ ☐
- Can you see a copy of the agency's CQC registration certificate and quality rating? ☐ ☐ ☐

Notes

.....

.....

.....

.....

.....





*See page 56.








Let us help
you live your
life, your way.



We can help you with:

-  Care at home
-  Learning disabilities
-  End of life care
-  Dementia and Alzheimer's

-  Complex care
-  Degenerative illness
-  Young person services
-  Personal Health Budgets
-  Direct Payments


Reach out for an assessment:
0333 2000 441

info@completecareagency.co.uk
www.completecareagency.co.uk

At Complete Care Agency we feel very strongly that everyone should have the choice as to where and how they live their lives. All of our staff strive to empower the people who use our service to make informed choices about the care and support they receive.

We are more than just a care agency, we are here to help you live an independent and fulfilled life.

We provide care in partnership with the people who use our service their relatives and other service purchasers. We work alongside health authorities and local council authorities to provide cost effective high quality care. Care can be purchased privately or via direct payments or personalised budgets. No matter how your care is funded we can work with you to provide the service you need.



“
Complete Care have shown patience and compassion during what have been the hardest years of my life. I truly have them to thank for being able to enjoy the simple things in life once more.
”



At Complete Care Agency, it's all about you.



We are commissioned by the NHS to deliver complex and domiciliary care across Leeds. We have worked in partnership with the NHS since being established in 2007 to support our clients to remain at home.





Call us: 03335 777 244
24 hour Contact: 07734 458 896
Email us: admin@beekayhealthcare.co.uk

Beekay works to enhance the dignity and quality of life of individuals and families by promoting independence, eliminating barriers to continuously live in your home and helping service users reach their full potential through partnership working and good quality homecare.

Beekay Healthcare is a nurse-led company and the organisation's support workers have received specialist training to care for people with complex needs in their home. For example, the homecare team care for people with spinal and/or brain injuries and provide home ventilation support.

Dementia Care • Elderly Care • Home From Hospital
Emergency Care • Live In Care • Complex Care

www.beekayhealthcare.co.uk



Visiting care & domiciliary care
in North Leeds and Bradford

Whether you're a young person with a spinal injury or an older adult living with dementia, our care is designed to make you feel valued and cared for, whether on a visiting basis or for 24-hour live-in care. Our customers require varying degrees of care, but our team is unwavering in its commitment to upholding your routine, maximising your independence, and improving your well-being.

- Live-in Care
- Respite Care
- Personal Care
- Specialist Care
- Companionship
- Home Help & Housekeeping

01274 214335

northleedsandbradford@clarityhomecare.co.uk

www.clarityhomecare.co.uk/northleedsandbradford/



Est. 1986
Agincare
Caring in your community



Bespoke Live-in Care

- Flexible or 24 hour care
- Immediate starts
- Trial period included
- No lengthy contracts
- Dedicated support team
- Highly trained care worker

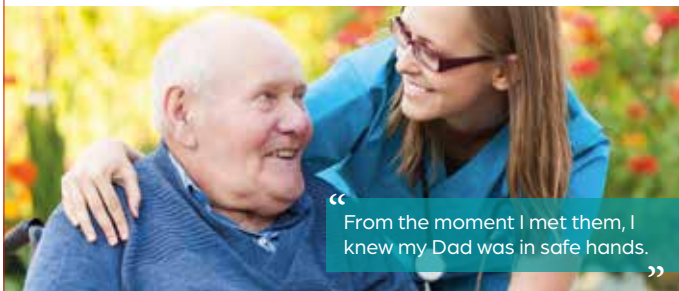


Call today and talk to
your designated care
advisor about live-in care

08082 780050

Home Nursing Care with Expertise and a Personal Touch

- Home Care & Support
- Respite Care Services
- Social/Assisted Visits
- End of Life Care



“From the moment I met them, I
knew my Dad was in safe hands.”

We supply high-quality multi-skilled staff who support clients with a variety of needs in the comfort of their own homes. These can range from minimal support with **cooking** and **cleaning** to more intensive care, including **rehabilitation** and **home-from-hospital** care for people with long term medical conditions including **Alzheimer's** disease, **dementia**, **stroke** and **respite** care to **end of life** support.



Our Core Values:
Respect
Confidentiality
Efficiency
Transparency

0113 322 0394 • 07950 174107
admin@advancedmedcare.com
www.advancedmedcare.com/



GET IN
TOUCH
TODAY

07539 193711 • 07493 171424
admin@all-in-onemulticareltd.com
<https://all-in-one-multicare.netlify.app>



SERVICES WE OFFER:

- Home Care Service
- Live-In Support
- Non-Emergency Patient Transport Service (NEPTS)
- Experienced Advisory Service

WHAT SETS US APART?

- World-class facilities.
- Qualified staff.
- Affordable, flexible plans.
- 24/7 service all year long.

Each plan is flexible and unique, and all existing routines are taken into account – whether there's a certain nightly routine that you have, a medication schedule that you follow, or a hobby that's important to you.

You will receive your own bespoke care package tailored to your unique needs, and you will have your own carer.



Home care providers

ABR Grace Solutions Ltd

Leeds

Tel: 07401 301687

OP D PD MH SI YA AD

Adopt Healthcare Ltd

Leeds

Tel: 07856 522354

OP PD LDA MH SI YA AD

Advanced Medcare

Leeds

Tel: 0113 322 0394

Advert page 26

OP D PD LDA MH SI YA AD

Aegis Care Solutions

Leeds

Tel: 0113 467 3545

OP D PD LDA MH SI YA

Affinity Trust

Leeds

Tel: 0113 242 1388

LDA

AJ Northern Blitz Ltd

Leeds

Tel: 0113 534 5339

OP D YA

Alas Healthcare (Leeds)

Leeds

Tel: 07459 666335

OP YA

Allied Hands Home Care and Support Service

Pudsey

Tel: 0113 873 0133

OP D PD LDA MH SI YA

All-In-One MultiCare Service Ltd

Leeds

Tel: 07493 171424

Advert page 26

OP D MH YA

Alpha Alpha Supreme Care Ltd

Leeds

Tel: 07861 639424

OP D PD SI YA

Amblers Orchard (Office)

Leeds

Tel: 07990 583871

OP D PD LDA MH SI YA

Ambrose Adrian Healthcare Ltd

Leeds

Tel: 07376 395497

OP D PD LDA MH SI YA

Anchor Trust (The Laureates)

Guiseley

Tel: 01943 876228

OP YA

Angels Community Enterprises CIC

Leeds

Tel: 0113 277 2222

OP D PD LDA MH SI YA AD

Angels Healthcare Solutions Ltd

Leeds

Tel: 07723 719904

OP D YA

Appealing Care Services Ltd

Leeds

Tel: 07533 833857

OP D PD MH YA

Arch Healthcare Ltd

Leeds

Tel: 07515 726408

OP D PD LDA MH SI YA AD

AS Care Ltd

Leeds

Tel: 0113 242 8822

OP D PD

Aspire Specialised Supported Living Service

Leeds

Tel: 07545 604093

OP D PD LDA MH SI YA AD

Assisi Place

Leeds

Tel: 0113 200 8140

OP D PD LDA MH SI YA

At Home Specialists In Care

Leeds

Tel: 0113 512 2227

OP D PD MH SI YA

Audley Care Scarcroft Park

Leeds

Tel: 07867 456389

OP D PD MH SI YA

Azaba Healthcare Plus Ltd

Leeds

Tel: 07538 777552

OP D PD MH YA

BC Care Ltd

Leeds

Tel: 0113 824 1978

OP D YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Advertisers are highlighted

It's good to
be home

bluebird
care[®]

"Bluebird Care
provide support
with all aspects
of my daily life
ensuring I can live
my life the way
I want".

Christopher

Inspected and rated

Good

 Care Quality
Commission

Carers who look after *everything*. So you don't have to.

We're here so your loved one can stay home,
where they want to be. Where things are safe and
familiar and they have the best chance to live a full
and meaningful life.

Whether it's everyday errands, companionship,
personal care visits or full wrap around Live-in Care,
our highly-trained Care Experts will give your loved
one the support they need to live in the place they
feel best: home.

See how we can *support you*.

Bluebird Care
Leeds North

0113 258 9677

bluebirdcare
.co.uk
/leeds-north



Bluebird Care
Leeds South

0113 433 7500

bluebirdcare
.co.uk
/leeds-south



Home care providers continued

Be Caring Leeds

Leeds

Tel: 0113 277 7871

OP D PD LDA MH SI YA

Be You Care Services Ltd

Leeds

Tel: 07747 836020

OP D LDA MH SI YA AD

Beekay Ltd

Leeds

Tel: 03335 777244

Advert page 26

OP D PD LDA MH SI YA

Best Connection Healthcare Ltd

Seacroft

Tel: 07401 339764

OP D PD LDA MH SI YA

Best In Home Healthcare

Leeds

Tel: 07977 259839

OP D PD MH SI YA AD

Beyond Care Health Solutions Ltd

Leeds

Tel: 07413 442862

Advert below

OP D YA

Bkind Care Ltd

Leeds

Tel: 07753 170268

OP D PD LDA MH SI YA AD

Blossom Home Care Leeds & Wakefield

Leeds

Tel: 0113 323 0071

OP D PD MH SI

Blue Arrow Healthcare

Leeds

Tel: 07429 947994

OP PD LDA YA

Bluebird Care (Leeds North)

Horsforth

Tel: 0113 258 9677

Advert page 28

OP D PD LDA MH SI YA AD

Bluebird Care (Leeds South)

Leeds

Tel: 0113 433 7500

Advert page 28

OP D PD SI YA

Brookeview Care Ltd

Leeds

Tel: 07377 591131

OP D YA

CAB Healthcare Services Ltd

Leeds

Tel: 07846 708715

OP D PD SI YA

Cardinal Care Services Ltd

Leeds

Tel: 0113 322 9664

OP D PD YA

Care 4 You Direct Leeds

Leeds

Tel: 01462 539497

OP D YA

Care Club Ltd, The

Leeds

Tel: 07539 494120

OP D PD LDA YA

Care Cover Complex Care

Leeds

Tel: 07508 343668

OP D PD MH SI YA

Care Global Healthcare Services

Leeds

Tel: 07495 592617

OP D PD YA

Care Inclusive Ltd

Leeds

Tel: 07513 344845

OP D PD YA

Care Quality Services Leeds

Leeds

Tel: 0113 201 8281

OP D PD LDA MH SI YA AD

Care247 Healthcare Services Ltd

Leeds

Tel: 07868 121689

OP D PD LDA MH SI YA

Cared4Leeds

Leeds

Tel: 0113 318 4843

OP D PD LDA MH SI YA

contact us
07413 442862

info@beyondcareheathsolutions.com

www.bc-hs.co.uk

♥ Domiciliary & Personal Care

♥ Dementia Care

♥ End of Life Care

♥ Domestic & Housekeeping Services

Our aim is to deliver an exceptionally high standard of care with a positive and lasting impact. In order to achieve this we adopt a person centred approach so we can tailor our care to meet the individual needs of our service users.

BEYOND CARE
HEALTH SOLUTIONS

We cover all of Leeds, West Yorkshire and surrounding areas.

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Advertisers are highlighted

Care, Courtesy and Companionship

Get in touch today to discuss your loved one's specialist requirements.

Keighley Office

01535 654214

The Old Chapel, 47 Parkwood St,
Keighley, West Yorkshire BD21 4QB

Leeds Office

0113 258 1570

139 New Road Side, Horsforth,
Leeds LS18 4QD

Backstone Business Centre

Suite 2002, Blenwood Court
451 Cleckheaton Road, Low Moor, Bradford, West Yorkshire BD12 0NY

caring@elmarhomecare.co.uk

 [elmarhomecare](https://www.facebook.com/elmarhomecare)

“

Caremark has truly
transformed my life!

”



Personalised care
that keeps you **safe** and
happy at home

Tel: 0113 264 4466

*Delivering **care** and
smiles at every visit.*



Exceptional care by
Exceptional people



Visiting care
Bespoke home support



Live in care
24 hour care at home



Connected care
Assistive technology

Call us for a chat about care

01756 636 650



Radfield
Home Care

northleeds@radfieldhomecare.co.uk
www.radfieldhomecare.co.uk



Home care providers continued

CareXtra24/7 Healthcare Ltd

Leeds

Tel: 07377 713073

OP D PD YA

CareYourWay Leeds

Leeds

Tel: 0113 322 7736

OP D PD YA

Caring Folk Ltd

Pudsey

Tel: 0113 213 6655

OP D PD MH YA

Caring Heart and Hands Ltd

Yeadon

Tel: 0113 834 3787

OP D YA

Caring Partnership Ltd

Leeds

Tel: 0113 426 0805

OP D PD LDA MH SI YA AD

Catholic Care – Diocese of Leeds

Headingley

Tel: 0113 388 5400

LDA

Central Care Ltd

Leeds

Tel: 0333 339 9726

OP D PD YA

Chandos Walk, 2

Leeds

Tel: 07776 153206

OP D YA

Chriskepa Ltd

Leeds

Tel: 07473 900631

OP D PD LDA SI YA

City Force Healthcare Ltd

Leeds

Tel: 0113 263 8830

OP D PD SI YA

Civic Healthcare Ltd

Leeds

Tel: 0113 856 2374

OP D PD YA

Clarity Homecare Leeds & Bradford

Leeds

Tel: 01274 214335

Advert page 26

OP D PD SI YA

Classic Health Care Solutions – Leeds

Leeds

Tel: 07859 007992

OP D PD MH YA

Click Operations (UK) Ltd

Leeds

Tel: 0113 450 8562

OP D PD YA

Comforting Care

Leeds

Tel: 0113 322 9225

OP D PD LDA MH SI YA

Comforting Healthcare

Leeds

Tel: 0113 418 2801

OP D PD MH YA

ComityHearts Care Services Ltd

Leeds

Tel: 0113 513 4495

OP D PD YA

Complete Care Agency Ltd

Yeadon

Tel: 0333 200 0441

Advert pages 24 & 25

OP D PD LDA MH SI YA AD

Complete Contemporary Care Triple “C” Ltd

Leeds

Tel: 07733 800660

OP D PD LDA MH YA

Connections Care Ltd

Leeds

Tel: 0113 277 2272

OP D PD LDA MH SI YA AD

Cornerstone Healthcare Services Ltd

Leeds

Tel: 07881 745169

OP D

Creative Support

Brandling Court

Tel: 0113 271 3246

OP D PD LDA MH SI YA

Hall Lane

Tel: 0113 261 1600

LDA

Hampton Crescent

Tel: 0161 236 0829

OP D PD

Day&Night Social Care Ltd

Wetherby

Tel: 0113 240 9940

OP D PD SI YA

Destiny Medical Ltd

Leeds

Tel: 07474 657957

OP D PD LDA MH SI YA AD

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Advertisers are highlighted

Home care providers continued

Detailed Care Ltd

Leeds

Tel: 0113 331 0287

OP D PD YA

Dynamic Social Support

Leeds

Tel: 0113 457 1646

OP D LDA MH

Elmar Home Care Ltd – Horsforth

Leeds

Tel: 0113 258 1570

Advert page 30
OP D LDA MH SI YA

Epoch Homecare Ltd

Leeds

Tel: 0113 258 4294

OP PD MH SI YA

ESSN Healthcare

Leeds

Tel: 07728 966743

OP D PD MH SI YA

Esteem Care Leeds Ltd

Leeds

Tel: 0113 320 2222

OP D PD LDA MH SI YA

Ethical Homecare Solutions

Leeds

Tel: 0113 345 9492

OP D PD LDA MH YA

Ethicare

Pudsey

Tel: 0113 877 1234

OP D PD LDA MH SI YA AD

Extra Care Service

Leeds

Tel: 07891 276432

OP MH YA

Fairy Care Services Ltd Leeds

Leeds

Tel: 07447 433530

OP D PD MH SI YA

Feasible Healthcare Ltd

Leeds

Tel: 07948 090778

OP D PD YA

Five Star Homecare Leeds Ltd

Leeds

Tel: 07824 770328

OP D YA

Fortify Healthcare Services Ltd

Leeds

Tel: 07505 370780

OP D PD MH SI YA

GAIN Care Ltd – Leeds LCA

Leeds

Tel: 0113 277 3103

OP D PD SI YA

Gemini Grange

Wetherby

Tel: 01937 220510

OP D PD LDA MH SI

Gloriavd Health Care Ltd

Leeds

Tel: 07594 397584

OP D PD LDA MH YA

Glory House

Leeds

Tel: 0113 294 2963

OP D PD YA

Goshen Social Care Ltd

Leeds

Tel: 0113 414 1113

OP D PD LDA MH SI YA AD

Goshworks Premier Care Services Ltd

Leeds

Tel: 0113 232 0731

OP YA

Gracey Care Ltd

Leeds

Tel: 07429 430040

OP D PD MH SI YA

Grandum Care Ltd

Leeds

Tel: 07835 798415

OP D

Grayson Home Care

Wetherby

Tel: 01937 918141

OP D PD SI YA

Green Force Healthcare

Leeds

Tel: 0113 350 7369

OP D PD LDA YA AD

Green Pastures Services Ltd

Leeds

Tel: 07985 663881

OP D

Greenmill Gardens

Leeds

Tel: 0845 155 1234

OP D PD LDA MH SI

Greenstar Health Care Ltd

Leeds

Tel: 0113 247 3835

OP D PD LDA MH SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Registered Care Providers Association Somerset – see page 7

Advertisers are highlighted

Home care providers continued

Hadi Healthcare Services

Leeds

Tel: 0113 249 9786

OP D PD LDA MH YA

Haigh Care Ltd

Leeds

Tel: 07961 817708

OP D PD MH SI YA

Hales Group Ltd – Leeds LCA

Leeds

Tel: 0113 208 3346

OP D PD LDA MH SI YA AD

Happy Home Care Services Ltd

Leeds

Tel: 07761 529190

OP D PD MH SI

Healing Hands Care

Leeds

Tel: 07878 979701

OP D PD LDA MH YA

Health Care Assistance Ltd (West Yorkshire)

Leeds

Tel: 01782 450065

OP D PD LDA MH SI YA

Health First Care Services Ltd

Leeds

Tel: 07548 759430

OP D YA

Healthycheck Ltd

Leeds

Tel: 07961 236303

OP D PD YA

Hearts At Home HomeCare Ltd – Leeds

Wetherby

Tel: 01733 844096

OP D PD LDA MH SI YA

Helping Hands Leeds

Leeds

Tel: 0113 868 7293

Advert page 19

OP D PD LDA MH SI YA

Helping Hands Rothwell

Leeds

Tel: 0113 537 6725

Advert page 19

OP D PD LDA SI YA

HF Trust – Leeds & Bradford DCA

Leeds

Tel: 0117 906 1700

OP LDA YA

High Healthcare

Leeds

Tel: 07985 952805

OP D PD YA

Hillcrest Community Ltd

Leeds

Tel: 0113 212 1783

OP D PD SI YA

Holistic Healthcare Leeds

Leeds

Tel: 07436 601564

OP YA

Holistic Quality Care Ltd

Leeds

Tel: 07590 913239

OP D YA

Home Instead Wetherby, North Leeds & Horsforth

Wetherby

Tel: 01937 220510

OP D PD MH SI YA

Hope & Faith Healthcare Ltd

Leeds

Tel: 07930 134136

OP D

Hope Homestay Ltd

Leeds

Tel: 0113 426 5432

OP D PD MH YA

HTM Healthcare Ltd

Leeds

Tel: 07946 682157

OP D PD YA

Hub for Healthcare Ltd

Leeds

Tel: 07807 030380

OP D PD MH YA

iCare World Ltd

Leeds

Tel: 07949 132322

OP D PD LDA MH SI YA AD

ILS24Health Care Ltd

Leeds

Tel: 07478 283274

OP PD LDA MH SI YA

Indue Healthcare

– Main Office

Leeds

Tel: 0333 339 4189

OP D PD YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Leeds Care Association– see page 7

Advertisers are highlighted

Home care providers continued

Integral Care Hub (Leeds Office), The

Leeds

Tel: 07921 455018

OP D PD MH YA AD

IST Resourcing Ltd

Leeds

Tel: 0113 322 7737

PD MH SI

Ivigate House

Leeds

Tel: 0113 219 2053

OP YA

Jay and Noah Healthcare

Leeds

Tel: 07488 237675

OP D PD MH SI YA

Jayrima Care Ltd

Leeds

Tel: 0113 217 2366

OP D PD YA

Jays Homecare Ltd

Leeds

Tel: 0113 273 6457

OP D LDA MH SI YA AD

Kays-24-7 Care Services

Leeds

Tel: 07761 452735

OP D PD SI YA

Kennores Healthcare Recruitment Ltd

Leeds

Tel: 0113 272 1839

OP D PD MH SI YA AD

Krystal Hope Ltd

Leeds

Tel: 07932 318528

OP D PD LDA MH SI YA

Leeds Learning Disability Community Support Service – East and North East Leeds

Potternewton

Tel: 0113 378 1035

OP PD LDA MH SI YA AD

Leeds Learning Disability Community Support Service – South and South East Leeds

Woodlesford

Tel: 07891 277031

OP LDA YA



Quality Caring Services in Leeds

My Homecare has a reputation for providing first class personalised care and support to the community of Leeds & surrounding areas. By promoting individual well-being we can help you or your loved one continue to live safely and comfortably at home.

We can support you with daily needs such as personal care, continence care and medication, as well as social support such as befriending and help accessing the community, all at very competitive rates.

Our consistent, high quality and dedicated staff are DBS checked and receive ongoing training to ensure their skills, knowledge and abilities are kept up to date and relevant to providing you with the individualised care and support you need.

Schedule Your Appointment
BOOK NOW



0113 403 1270

yorkshire@myhomecare.co.uk

www.leedsnorthyorks.myhomecare.co.uk

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Home care providers continued

Leeds Learning Disability Community Support Services – West and North West Leeds

Bramley
Tel: 0113 378 9951 **OP PD LDA MH SI YA AD**

Legacy Agency Ltd

Leeds
Tel: 07453 556505 **OP D PD MH YA**

Lifeway Care Ltd

Leeds
Tel: 07734 909829 **OP D PD SI YA**

Limitless Healthcare Services Ltd

Leeds
Tel: 07312 974337 **OP D PD LDA MH YA**

Local Homecare

Leeds
Tel: 0113 320 6677 **OP D PD LDA MH SI YA**

Loidis Care Services Ltd

Leeds
Tel: 07916 505189 **OP D PD SI YA**

Lotus Home Care Leeds

Leeds
Tel: 0113 493 1993 **OP YA**

Love In Care

Leeds
Tel: 07539 022642 **OP D PD LDA MH SI YA**

Lovella Care Ltd

Leeds
Tel: 07806 669486 **OP D PD SI YA**

Loving Homecare Ltd

Leeds
Tel: 07904 620075 **OP D PD MH YA**

MALMO Healthcare Specialists Ltd

Leeds
Tel: 07436 337738 **OP D PD MH SI YA**

MDT Excellence Ltd

Leeds
Tel: 07803 355988 **OP D PD MH SI YA**

Medacs Healthcare PLC

Leeds
Tel: 0113 287 4612 **OP D PD LDA MH SI YA AD**

Medcare HQ

Leeds
Tel: 0113 856 1793 **OP D PD LDA MH SI YA**

Mental Health Accommodation Based Services

Leeds
Tel: 0113 336 7732 **OP D MH YA AD**

Mental Health Accommodation Based Services – Cottingley Court

Leeds
Tel: 0113 336 7727 **OP MH YA AD**

Mental Health Accommodation Based Services – Spen Lane

Leeds
Tel: 0113 336 7878 **OP MH YA**

Meridian Health and Social Care – Leeds

Leeds
Tel: 0113 278 2001 **OP D PD LDA MH SI YA**

Merline Healthcare Ltd

Leeds
Tel: 07886 782213 **OP YA**

Metis Care Ltd

Leeds
Tel: 0113 414 8939 **OP D PD YA**

MK Care Services Ltd

Leeds
Tel: 0113 834 6703 **OP D PD LDA MH YA**

MNR Solutions Ltd

Leeds
Tel: 07917 274814 **OP D PD YA**

Moor Allerton Care Centre

Leeds
Tel: 0113 288 8355 **OP D PD LDA MH SI**

Moorcare

Leeds
Tel: 0113 268 4211 **OP D PD MH SI**

My Homecare Yorkshire

Leeds
Tel: 0113 403 1270 **Advert page 34**
OP D LDA MH YA

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

Advertisers are highlighted

Home care providers continued

My Horizon Care Ltd

Leeds

Tel: 07460 472050 **OP D PD LDA MH SI YA AD**

Nefid Personnel

Leeds

Tel: 07859 327652 **OP D PD LDA MH SI YA AD**

NetCare Health Ltd

Leeds

Tel: 07949 053768 **OP YA**

Newdon Care Services Ltd

Leeds

Tel: 0113 288 3006 **OP D**

Number 12 Chapeltown Enterprise Centre

Leeds

Tel: 07783 597254 **OP D PD LDA MH SI YA AD**

Olive Lodge

Leeds

Tel: 0113 259 3800 **OP D PD SI**

OOJ Homecare Services Ltd

Leeds

Tel: 07735 579243 **OP D PD LDA SI YA**

Page Alliance Healthcare Ltd

Leeds

Tel: 0113 350 1185 **OP D PD LDA MH SI YA**

Paleo Care – Head Office

Leeds

Tel: 01943 618628 **OP PD MH YA**

Park Lodge

Roundhay

Tel: 0113 265 9353 **OP YA**

Pennington Court Nursing Home LCA

Beeston

Tel: 0113 228 4040 **OP**

People Matters

Leeds

Tel: 0113 234 6896 **OP PD LDA YA**

PerCurra Leeds

Leeds

Tel: 0113 831 5785 **OP D PD MH YA**

Personal Care Specialists

Leeds

Tel: 0113 345 0630 **OP D PD MH SI YA**

Personal Touch Healthcare Ltd

Leeds

Tel: 0113 887 3955 **OP D PD YA**

Pesnique Healthcare

Leeds

Tel: 07453 655586 **OP D PD MH SI YA**

Phoenix Health Kare

Leeds

Tel: 07749 800849 **OP D PD LDA MH SI YA**

Poplar Care Ltd

Leeds

Tel: 07487 632474 **OP D SI YA**

Positive OT & Case Management Ltd

Leeds

Tel: 0112 871 5975 **OP PD LDA MH SI YA**

Pre Care Services Ltd

Leeds

Tel: 07939 592110 **OP D PD LDA MH YA**

PRN Healthcare Staffing Ltd

Leeds

Tel: 0113 534 0046 **OP D PD LDA MH SI YA**

Pro Healthcare Services

Leeds

Tel: 0113 824 2503 **OP D PD SI YA**

Quodesh Healthcare Consultancy Ltd

Leeds

Tel: 07578 840367 **OP D PD YA**

Rani Care C.I.C.

Leeds

Tel: 07720 260209 **OP YA**

Rapid Healthcare & Recruitment Ltd

Leeds

Tel: 0113 534 5220 **OP D PD YA**

RCL Home Care

Leeds

Tel: 0113 322 2711 **OP YA**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

LCA Member of the Registered Care Providers Association Somerset – see page 7

Advertisers are highlighted

Reablement Skills

Leeds

Tel: 0113 376 0445 **OP D PD MH SI YA****Real Life Options – Yorkshire**

Leeds

Tel: 0113 271 4100 **OP D PD LDA MH SI YA****Reed Specialist Recruitment Ltd – Leeds**

Leeds

Tel: 0113 394 2940 **OP D PD LDA MH SI YA AD****Reflections Community Support**

Guiseley

Tel: 01943 876649 **Advert below**
OP D PD MH SI YA**Regent Street Leeds, 22**

Leeds

Tel: 0333 987 4688 **OP D PD LDA MH SI YA****Relate Care Solutions Ltd**

Leeds

Tel: 0800 689 3624 **OP D PD MH SI YA****Rest Assured Homecare Services**

Otley

Tel: 01943 466292 **OP D PD LDA MH SI YA AD****Restore7 Ltd**

Leeds

Tel: 0113 239 2151 **OP D PD MH SI YA****Restored House Ltd, The**

Leeds

Tel: 07450 270179 **OP PD MH YA****Rift Solutions Ltd**

Leeds

Tel: 0113 264 4466 **OP D LDA MH SI YA AD****Right at Home – Leeds East,
Roundhay to Rothwell LCA**

Leeds

Tel: 07967 239086 **OP D PD YA****Right at Home North Leeds, Otley and Horsforth**

Leeds

Tel: 0113 340 6000 **OP D PD MH SI YA****Rise and Shine Services Ltd**

Leeds

Tel: 07460 687260 **OP D YA****Roche Homecare (Community)**

Leeds

Tel: 0113 270 3355 **OP D PD SI YA****Rose Mallow Care Services Ltd**

Leeds

Tel: 07949 384911 **OP D PD MH YA****Rosecare Community Services Ltd**

Leeds

Tel: 07737 335851 **OP D PD MH YA****Rota Staffing Ltd**

Leeds

Tel: 07717 366342 **OP YA****Routes Healthcare Leeds**

Leeds

Tel: 0113 532 4375 **OP D PD LDA MH SI YA AD****Rumney Care and Ambulance Service Leeds**

Leeds

Tel: 0113 426 5432 **OP D PD YA****Sabin Care**

Leeds

Tel: 07770 712133 **OP D PD LDA MH SI YA****Salem Community Services Ltd**

Leeds

Tel: 07874 659058 **OP D PD SI YA**



Reflections
Community Support
RELIABLE | DEPENDABLE | CARING



Inspected and rated
Good
Care Quality Commission

**Person Centred Care
in the heart of your community**

Reflections Community Support (RCS) provides person-centred care that promotes independence, dignity and a sense of community and belonging for every individual they serve.

Our passionate team at Reflections Community Support (RCS) is dedicated to making a positive impact in the lives of those we serve, delivering care with compassion, empathy and expertise. With a genuine commitment to enhancing well-being, our team goes above and beyond to create a nurturing environment where individuals can thrive.

- 24-hour home care
- Specialist mental health support
- Domestic assistance with daily living activities
- Housing & tenancy sustainment
- Supported living care assistants
- Hospital to home care service
- Nursing home agency support
- Day support in the community
- Respite for carers
- Live-in care



Contact us:
info@reflections-care.org
www.reflections-care.org

01943 876649
07794 624851

Home care providers continued

Seeds Healthcare

Leeds

Tel: 07807 085000 **OP D PD MH SI YA**

Select Choice Community Support Ltd

Leeds

Tel: 0113 831 3663 **OP D PD LDA MH YA**

SENSE Community Services – West Yorkshire

Leeds

Tel: 0113 205 9500 **PD LDA SI YA**

Shield Health & Social Care Ltd

Pudsey

Tel: 0113 243 0344 **OP D PD YA**

Siban Ltd

Leeds

Tel: 07932 966540 **OP D PD LDA MH SI YA**

Southlands Retirement Apartments with Care and Support **LCA**

Leeds **Advert page 47, Inside Front Cover**
Tel: 0113 265 5876 **OP YA**

Spectrum Global Healthcare Solutions Ltd

Leeds

Tel: 07415 032727 **OP D PD YA**

Splendid Care Solution

Leeds

Tel: 07542 506579 **OP D PD LDA MH SI YA**

Springfield Healthcare (Leeds and Wakefield) **LCA**

Garforth

Tel: 0113 287 6789 **OP D PD LDA MH SI YA AD**

Springfield Healthcare (North Yorkshire & York)

Garforth

Tel: 01423 868330 **OP D PD LDA MH SI YA AD**

St Anne's Community Services – Croft House

Leeds

Tel: 0113 258 0131 **OP D PD LDA MH YA**

St Anne's Community Services – Leeds DCA

Leeds

Tel: 0113 200 8347 **LDA**

St Anne's Community Services – Leeds DCA 2

Leeds

Tel: 0113 243 5151 **LDA**

St Anne's Leeds Domiciliary Care 3 (DCA 3)

Leeds

Tel: 0113 243 5151 **OP PD LDA SI YA**

St Gregory's Homecare Ltd

Leeds

Tel: 01524 720189 **OP D PD LDA MH SI YA**

Starcover Health & Social Care Ltd

Leeds

Tel: 07762 477654 **Advert inside back cover**
OP D PD LDA MH SI YA AD

Step Ahead Home Care Services

Leeds

Tel: 07725 817157 **OP D PD LDA YA**

Sugarman Health and Wellbeing – Leeds

Leeds

Tel: 0113 457 3150 **OP D PD LDA MH SI YA AD**

Sure Healthcare (Leeds)

Leeds

Tel: 0113 350 2100 **OP D PD MH SI YA**

SureCare North Leeds Ltd

Leeds

Tel: 0113 457 4772 **OP D PD LDA MH YA**

Talbot Gardens

Leeds

Tel: 0113 249 1295 **OP D LDA MH SI YA AD**

Tate Care Ltd

Leeds

Tel: 07387 470334 **OP D LDA SI YA**

Thermarks Healthcare Services Ltd

Leeds

Tel: 07766 224485 **OP MH YA**

Thorough Homecare Services (West Yorkshire)

Leeds

Tel: 01482 421810 **D PD MH SI AD**

Total Care Nursing Ltd

Leeds

Tel: 0113 288 8728 **OP D PD LDA MH SI YA**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted

Home care providers continued

TPS Healthcare

Leeds

Tel: 0113 244 1584

OP D PD LDA MH SI YA

TriaJe Care Services Leeds

Leeds

Tel: 0113 322 2785

OP D PD LDA YA

Trust Life Care

Leeds

Tel: 0113 251 5009

OP D PD LDA MH SI YA

Unique Community Services Leeds

Leeds

Tel: 0161 998 2132

OP D PD LDA MH SI YA AD

Unique Support Solutions

Leeds

Tel: 07960 131848

OP PD LDA MH YA

United Response – Leeds-Harrogate

Leeds

Tel: 01423 867109

LDA YA

Unity Plus Healthcare Leeds

Leeds

Tel: 0330 127 1848

OP D PD LDA MH SI YA

Valeo Domiciliary Care Service

Leeds

Tel: 0113 272 6020

PD LDA MH YA AD

Victoria Court

Leeds

Tel: 0113 278 7588

OP

Victorletticia Care Services

Leeds

Tel: 07897 930037

OP D PD MH YA

Westward Care Ltd – Outreach Office

Headingley

Advert page 47, Inside Front Cover

Tel: 0113 331 4834

OP

Wharfedale View

Leeds

Tel: 0113 250 7791

OP D PD SI YA

Willow Homecare Leeds Ltd

Leeds

Tel: 07511 261474

OP D

Winserve Care Services

Leeds

Tel: 0113 304 8777

OP D PD LDA MH SI YA

XL Care Services Ltd

Leeds

Tel: 07460 558781

OP D PD YA

Yorkshire and Humber Healthcare Alliance

Leeds

Tel: 0113 262 1866

OP D PD MH SI YA

Yorkshire and Humber Healthcare Alliance (West)

Leeds

Tel: 07865 463643

OP D PD MH SI YA

Yorkshire Homecare Ltd

Leeds

Tel: 07598 853964

OP D PD LDA SI YA

Your Life (Leeds)

Leeds

Tel: 0113 269 8365

OP D SI

Your Safe Homecare Ltd t/a Kare Plus Leeds

Leeds

Tel: 0113 447 0003

OP D PD LDA MH SI

Zariwezulu Ltd

Leeds

Tel: 07508 873472

OP D

Zion Care Solutions – Main Office

Leeds

Tel: 0113 345 0708

OP D PD YA

**Search for care
in your area**

- Find care providers quickly and easily
- Search by location and care need

 CareChoices

www.carechoices.co.uk



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Advertisers are highlighted

Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local

authority, voluntary organisations or private companies. Properties may be available for rent, mixed tenure or to purchase. Contact Leeds City Council for more information.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than they can in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation and extra care housing.

The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This is tailored to your individual needs and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed earlier on page 12).

Contact **Leeds City Council** for more information.
Tel: **0113 222 4401**

Shared Lives

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and

families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

If you are an older person who would like to live independently but would also like the added security and reassurance of a scheme manager and alarm call service, sheltered (or retirement) housing may be the answer.

Sheltered housing is provided by local authority housing departments and housing associations and employs a scheme manager, who is either based at

the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

For further information, visit the **Elderly Accommodation Council (EAC)** website.
Web: **<https://eac.org.uk>**

Extra care housing

Extra care housing brings together self-contained accommodation with some communal facilities, allowing you to retain some independence in your living space while also receiving help from an on-site

team of care workers. In an extra care scheme, instead of the low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided by the care

workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact adult social care or visit the Elderly Accommodation Council (EAC) website at <https://eac.org.uk>

Extra care housing schemes in Leeds

Amblers Orchard

Westerton Walk, Tingley, Wakefield WF3 1FQ
Tel: **0300 131 7962**

Assisi Place

Belinda Street, Leeds LS10 2PR
Tel: **0113 200 8140**

Bedford Court/Olive Lodge

Bedford Court, Broadgate Lane, Horsforth,
Leeds LS18 4EJ
Tel: **0113 259 3800**

Box Tree Court

Westwood Way, Boston Spa, Wetherby LS23 6DX
Tel: **0370 192 4266**

Cardinal Court

Cardinal Walk, Beeston, Leeds LS11 8HP
Tel: **07891 278802**

Gascoigne House

Nightingale Court, Leeds LS10 4YA
Tel: **0113 535 0010**

Greenmill Gardens

Seacroft Crescent, Seacroft, Leeds LS14 6PA
Tel: **0345 141 4663**

Hampton Crescent

Upper Accommodation Road, Richmond Hill,
Leeds LS9 8NH
Tel: **0113 235 9459**

Headingley Hall Apartments with Care and Support

5 Shire Oak Road, Headingley, Leeds LS6 2DD
Tel: **0113 275 9950**

Hunslet Moor House

Hunslet Hall Road, Beeston, Leeds LS11 6NW
Tel: **0333 600 2500**

Independent Living Apartments

Wetherby Manor, St James Street LS22 6NS
Tel: **01937 588001**

Lady Ida Lodge

Oak Park Lane, Cookridge, Leeds LS16 6FF
Tel: **0370 192 4208**

Mexborough Grange Retirement Apartments

Main Street, Methley, Leeds LS26 9JP
Tel: **01977 551701**

Pennington Court Extra Care Plus Apartments

Hunslet Hall Road, Beeston, Leeds LS11 6TT
Tel: **0113 228 4040**

Rossefield Manor

Rossefield Lawn, Bramley, Leeds LS13 3TG
Tel: **0113 290 9771** or **0800 731 2020**

Southlands Apartments with Care and Support

13 Wetherby Road, Roundhay, Leeds LS8 2JU
Tel: **0113 265 5876** or **0113 887 0589**

Thackrah Court

Squirrel Way, Shadwell, Leeds LS17 8FQ
Tel: **0113 269 8365**

The Laureates

Shakespeare Road, Guiseley, Leeds LS20 9BR
Tel: **01943 3876228**

The Sycamores

Holmsley Lane, Woodlesford, Leeds LS26 8WB
Tel: **0113 240 6446**

Victoria Court

224 Kirkstall Lane, Headingley, Leeds LS6 3FB
Tel: **0113 229 6200**

Wharfedale View Extra Care Scheme

Silver Lane, Yeadon, Leeds LS19 7FA
Tel: **0113 378 9439**

Woodview

Eastwood Drive, Swarcliffe, Leeds LS14 5HU
Tel: **0113 260 0777**

Yew Tree and Rosewood Court

Courts 2-4 Cranmer Close, Moor Allerton,
Leeds LS17 5PT
Tel: **0113 288 8355**



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk •  [@WeAreMFON](https://twitter.com/WeAreMFON)

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

Specific care and support services

Learning disability

If you are living with a learning disability in Leeds, you can contact your local council for support. They may be able to signpost you to local services and assess your needs in case help is available to you.

Your local council aims to keep you living independently in your own home wherever possible but, if you need to move somewhere that offers care and support, you might like to consider a housing with care scheme – see page 40.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Leeds. All learning disability providers are

denoted with **LDA**. You may also find the following organisations useful.

Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included.

Tel: **0808 808 1111**

Email: **helpline@mencap.org.uk**

Web: **www.mencap.org.uk**

Scope

Offers free, impartial and expert information, advice and support to disabled people and their families.

Tel: **0808 800 3333**

Email: **helpline@scope.org.uk**

Web: **www.scope.org.uk**

Through the Maze

An information service for adults with learning disabilities, their family carers and professionals. The service can also help you find events, activities and groups being run for people with learning disabilities.

Office 45, Sugar Mill Business Park,
Oakhurst Road LS11 7HL

Tel: **0113 270 3233**

Email: **ttm@citn.org.uk**

Web: **www.through-the-maze.org.uk**



Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have difficulties with their mental health and there's help and advice available in Leeds to support you.

Your GP should be your first point of contact if you want confidential advice or services. Alternatively, contact one of the following organisations for free help and support.



Leeds Mind

Supporting people to stay in control and live their life the way they choose.

Clarence House, 11 Clarence Road,
Horsforth LS18 4LB

Tel: **0113 305 5800**

Email: **info@leedsmind.org.uk**

Web: **www.leedsmind.org.uk**

MindWell

Provides quick and easy access to the latest information on mental health for all adults in Leeds, including GPs, employers and other professionals.

Web: **www.mindwell-leeds.org.uk**

Physical disability

If you have a physical disability or a long-term illness, adult social care and other organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide

you with, a range of services to help you live as independently as possible. There are also services available to support someone who may be your carer.

Sensory services

BID Services is commissioned by Leeds City Council to assess people's sensory needs and support people with sensory impairments. The service provides flexible, reliable support to enable service users to maximise their independence, reduce social isolation and maintain their health and wellbeing. It provides:

- information, advice and guidance;
- assessment and support planning;
- communicator guides;
- equipment and assistive technology;
- employment advice and support;
- hearing aid repair service;
- social work for deaf adults;

- hospital-based Eye Clinic Liaison Service; and
- access to local social groups.

For more information, contact **BID Services**.

Tel: **0113 288 5750** • Email: **leedsinfo@bid.org.uk**

Web: **www.bid.org.uk/locations/leeds**







- Short stays or long term care
- Physiotherapy
- Rehabilitation kitchen
- In-house Salon
- Sensory and games rooms
- Modern and tastefully decorated
- Wide range of activities
- Wi-fi and computer equipment
- Outdoor decking area

Staveley Birkleas Nursing Home

For young adults with physical disabilities

Staveley Birkleas provides registered nursing support with an active lifestyle, rehabilitation and atmosphere, supporting adults from the age of 18 to 65.

For more information regarding the range of services that we can provide please visit www.czajka.co.uk, call us on **01274 599564** or send us an email at info@czajka.co.uk

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express

your views and make your own decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

Advonet

Unit A4, Unity Business Centre, 26 Roundhay Road
LS7 1AB • Tel: **0113 244 0606**

Email: **office@advonet.org.uk**

Web: **www.advonet.org.uk**

Planning for end of life

The subject of dying is often painful to contemplate; however, planning for the end of life can be a good way to share your wishes and help your family to know what you would like to happen. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a care service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve

the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes, so they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at **www.hospiceuk.org** (search 'How to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure the director you choose is a member of either the National Association of Funeral Directors or the National Society of Allied and Independent Funeral Directors. These associations have strict guidelines to which members must adhere.

See 'Useful national contacts' on page 72 for details of organisations that may be able to help you plan for the end of your life or your funeral, so you can ensure your wishes are considered when the time comes.



Home 1

Home 2

Home 3

Fees per week

£

£

£

Quality rating*

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

What is the minimum number of staff that are available at any time?

Are staff respectful, friendly and polite?

Do staff have formal training?

Are the staff engaging with residents?

Activities

Can you get involved in activities you enjoy?

Is there an activities co-ordinator?

Does the home organise any outings?

Are residents escorted to appointments?

Do the residents seem entertained?

Does the home have a varied activities schedule?

Life in the home

Is the home adapted to suit your needs?

Can you bring your own furniture?

Are there enough plug sockets in the rooms?

Are there restrictions on going out?

Is there public transport nearby?

Does the home provide any transport?

Can you make/receive calls privately?

Can you decide when to get up and go to bed?

Does the home allow pets?

Does the home use Digital Care Planning accessible to families?

Personal preferences

Is the home too hot/cold? Can you control the heating in your room?

Is the décor to your taste?

Are there restricted visiting hours?

Is there somewhere you can go to be alone?

Does the home feel welcoming?

Catering

Can the home cater for any dietary requirements you may have?

Does the menu change regularly?

Can you eat when you like, even at night?

Can you have food in your room?

Is there a choice of food at mealtimes?

Is alcohol available/allowed if you want it?

Can visitors join you for meals?

Fees

Do your fees cover all of the services and activities?

Are fees likely to change regularly?

Is the notice period for cancellation of the contract reasonable?

Could you have a trial period?

Can you keep your room if you go into hospital?

Can you handle your own money?

*See page 56.



Discover how good later life can be.

Imagine a life without the worry of housekeeping, gardening or keeping on top of the bills. Owning a luxury Apartment gives you the opportunity to live life at your own pace – enjoying as much or as little of the active social programme. Even better, the reassurance that we offer 24/7 care and support on-site if, or when, you need it.

**Westward Care Apartments –
the perfect choice in later life.**



Book your personal
show-around today.



Headingley Hall
— HEADINGLEY —

Shire Oak Road,
Headingley, Leeds LS6 2DD
Telephone 0113 275 9950



Southlands
— ROUNDHAY —

Wetherby Road,
Roundhay, Leeds LS8 2JU
Telephone 0113 265 5876

www.westwardcare.co.uk



Follow for latest news and activities



AVERY HEALTHCARE

Something for Everyone

Avery Healthcare has dedicated well-being teams to produce an exciting and varied programme of activities and events every day. Residents are supported with personal interests not already covered in the calendar and memory, physical and sensory-based activities are designed with therapeutic outcomes in mind.

Day trips • Creative writing classes • Art classes • Gardening club
Live entertainment • Yoga and exercise classes



Aire View

☎ 0113 8533784



Greenholme House

☎ 0113 8533787



Grove Park

☎ 0113 8533785

averyhealthcare.co.uk



Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on. You can download and print this checklist at www.carechoices.co.uk/checklists

Design

- Are there clear signs throughout the home? ☐ ☐ ☐
- Has the home been designed or adapted for people with dementia? ☐ ☐ ☐
- Are the home and grounds secure? ☐ ☐ ☐
- Are there prompts outside the residents' rooms to help people identify their own? ☐ ☐ ☐
- Is the décor familiar to your loved one? ☐ ☐ ☐

Choices

- Do residents get a choice in terms of what they wear each day? ☐ ☐ ☐
- Are residents encouraged to be independent? ☐ ☐ ☐
- Can residents decide what to do each day? ☐ ☐ ☐
- Can residents have a say in the décor of their room? ☐ ☐ ☐

Activities

- Are residents able to join in with household tasks like folding washing? ☐ ☐ ☐
- Are there activities on each day? ☐ ☐ ☐
- Can residents walk around outside on their own? ☐ ☐ ☐
- Are residents sitting in front of the TV or are they active and engaged? ☐ ☐ ☐
- Are there rummage boxes around? ☐ ☐ ☐

Health

- Can residents get help with eating and drinking? ☐ ☐ ☐
- How often does the home review residents' medication? ☐ ☐ ☐
- Does the home offer help if a resident needs assistance taking medication? ☐ ☐ ☐
- Do GPs visit the home regularly? ☐ ☐ ☐

Staff

- Are staff trained to identify when a resident might be unwell? ☐ ☐ ☐
- Are staff trained to spot when someone needs to go to the toilet? ☐ ☐ ☐
- Do the staff have any dementia-specific training/experience? ☐ ☐ ☐
- Will your loved one have a member of staff specifically responsible for their care? ☐ ☐ ☐

Approach to care

- Does the home follow a specific approach to dementia therapy, for example, validation therapy? ☐ ☐ ☐
- Will the home keep you informed about changes to your loved one's care? ☐ ☐ ☐
- Does the home have a specific approach to end of life care? ☐ ☐ ☐
- Does the home keep up to date with best practice in dementia care? ☐ ☐ ☐

*See page 56.

Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC). The CQC inspects every care home and home care agency, publishing a report

along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)

If you need someone to look after you 24 hours a day but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 14 for more on assessments.

Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to

work out what care you will need. This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £235.88 per week. This figure may change over the lifetime of this Directory – check with adult social care.

For help with finding care homes and care homes with nursing, visit www.carechoices.co.uk

Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable

people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision. Ensure you speak to any potential providers about the activities they provide in their care home.

Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with

dementia. This means that the unique qualities and interests of each individual will be identified,

understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and address their individual needs.

They must also be given the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 55 and 45 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life-story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and staff.

Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 49.

Design and technology

The design of a care home specialising in dementia should be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment. Plenty of natural light and an easy way of navigating around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure care home staff understand how best to support and care for people with dementia. Ask about the Dementia Friends Ambassador and, if the home does not have a specific Dementia Lead, ask whether the staff has the necessary experience to support someone to live well with dementia.



I didn't know a care home like this existed, this home should be proud of everything they do.

Oulton Manor relative review quote.

In a recent survey of all our care homes, when asked if 'Staff treat them with kindness, dignity and respect', **98.2% of family and friends agreed.**

Oulton Manor
OULTON | YORKSHIRE

9.9
Oulton Manor
Review score
carehome.co.uk*

Rated July 2023
Good
Care Quality Commission

Considering care? We're only a friendly call away 0113 511 7866 or visit www.OultonManor.org.uk

Oulton Manor luxury care home
3 Wakefield Road, Oulton, Leeds, LS26 8EL

*carehome.co.uk scores are based on independent reviews with a maximum score of 10. Rating correct as at 7/11/2024

Paying for care

When a local authority provides or arranges your care services, you may be asked to contribute

towards the cost of care at home or in a care home, depending on your personal circumstances.

Financial assessment

To determine whether you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income. Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home.

If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support. If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings of between £14,250 and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and

a sliding scale operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council, and you may be able to get some support with funding your care – see page 53.

If you are eligible for support from the council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs. If the home you choose charges a fee in excess of the local authority's funding limit, you will need to find someone else to meet the additional amount. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 53).

Running out of money

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will contribute.

If you become eligible for the council's support with funding your care, and the home you are living in charges more than the council's fee levels, you must find someone to help pay the difference. This is known as a 'top-up' or 'third party payment' – see page 53 for more information. If funds for a top-up are not available, you will need to find accommodation which can meet your needs at the local authority fee level.

Understanding your rights before moving into care is essential. There are several financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 54 for more information.



Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

Benefits

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits.

You cannot usually get Attendance Allowance if you live in a care home and your care is paid for by your local authority. You can still claim Attendance Allowance if you pay for all your care home costs yourself.

If you are entitled to the mobility component of

Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment. You may also want to consider applying for Universal Credit (if you are under pension age) or Pension Credit (if you are over pension age).

NHS Continuing Healthcare

This is fully funded care and support, provided and paid for by the NHS. To be eligible, your needs must be primarily health related and are likely to be severe. If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home. The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.

Self-funding your care

Paying for care can be an expensive and long-term commitment, so the council strongly recommends that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers – see page 54 for suggested contacts.

Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first twelve weeks of permanent care, provided it agrees that care is needed.

Deferred Payment Agreements

After the twelve-week property disregard period, you may be offered a Deferred Payment

Agreement. This allows you to delay selling your former home during your lifetime. Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme, which covers all legal and administrative costs for the lifetime of the loan. The council may limit the amount of the loan, depending on the equity in your property.

NHS Nursing Care Contribution

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.

Third party payments

If you are eligible for support from the council, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay

the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'. You are not allowed to make this additional payment yourself, except in limited circumstances,

so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your additional non-care charge (top-up), they should be aware that the amount may increase, usually once a year, and they need to be confident they can sustain the payments for as long as they are required. They will need to sign a contract with the council to confirm they are able to do this. If the additional payments stop being paid for any reason, you should seek help and advice from your council or advocate. You may have to move to a cheaper home within the local authority's funding levels.

If you are already a resident in a care home, and no additional non-care charge (top-up) was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority. This may happen if a change to your arrangements is made at your request or with your agreement, for example if you move to a nicer room.

It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, an additional non-care charge (top-up) should not be charged.

Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you, and your family, to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market. A list of independent financial advisers who are accredited by the Society of Later Life Advisers can be found at <https://societyoflaterlifeadvisers.co.uk> or

you can call **0333 202 0454**.

There are also several organisations that will provide free advice about funding care and support. These are a good place to start if you are looking for information and want to see what sort of options are available.

Age UK

Tel: **0800 678 1602**

Web: www.ageuk.org.uk/information-advice/money-legal

Citizens Advice

Tel: **0800 144 8848**

Web: www.citizensadvice.org.uk

Money Helper

Tel: **0800 138 7777**

Web: www.moneyhelper.org.uk/en

Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Scan to search now

Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be

sent to you by email. They can also be saved and emailed to others. The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 56), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk**

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs, if you are unable to do so yourself. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so.

If a person is incapable of managing their own affairs and does not have an LPA in place, the Court of Protection can issue Orders directing the management of that person's property and financial affairs. The Court procedure is very slow, and the fees are quite expensive, so preparing an LPA in advance is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'Advance Directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'Advance Decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit **www.citizensadvice.org.uk**

Comments, compliments and complaints

If you are unhappy about any aspect of your support – whether it's the way you are treated by staff, the quality of the food you are served or anything else that affects your happiness or comfort – you should

feel able to complain. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.



➔ Making a complaint should not be made difficult for you and should not affect the standard of care that you receive whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. The owners have a duty to respond to any complaints made.

If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see page 56 for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to speak to your social care department. Call **0113 222 4405**, email **complaints.socs@leeds.gov.uk** or write to The Complaints Manager, Leeds City Council, Adults and Health Complaints, 5th Floor East, Merrion House, 110 Merrion Centre LS2 8BB.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman (LGSCO) on **0300 061 0614** and ask them to assist you.

The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service designed to investigate complaints in a fair and independent way.

Inspecting and regulating care services



Health and social care services must be registered to show that they meet a set of standards. The

Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service.

You can find reports and ratings on the CQC's website (**www.cqc.org.uk**). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next and what to look out for when it does. If you want to share your experience of care, visit **www.cqc.org.uk/share**

CQC assurance

The CQC assurance framework for adult social care requires the CQC to visit local authorities and assess their processes. Local authorities across England can be visited at any time by the CQC to assess how they are making a difference to people's lives.

The CQC assessment

A key part of the CQC assessment is how local authorities place people's experiences at the heart of their decisions, and they should expect to be assessed across the following themes:

- working with people;
- providing support;

- ensuring safety; and
- leadership.

For more information, visit

www.cqc.org.uk/local-systems/local-authorities

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Write to: The Care Quality Commission, Citygate,
Gallowgate, Newcastle upon Tyne NE1 4PA

Out-of-county care

You don't have to move into a care home that is within your current county. You may want to be closer to friends and family members who live elsewhere or you may have another reason why you'd like to relocate to another part of the country. If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home

in another region. Any home you choose must be suitable for your assessed needs and must comply with the paying authority's terms and conditions. You should seek further advice before making your decision.

For help with finding care providers in Leeds and other regions, visit **www.carechoices.co.uk**

Protecting vulnerable adults

Vulnerable adults may be at risk of abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can range from treating someone with disrespect in a way that significantly affects their quality of life to causing actual physical suffering. Abuse can happen anywhere – at home, in a care home or care home with nursing, in a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also

be an example of modern slavery, self-neglect and even institutional abuse. This is where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person who is being abused and could be:

- a paid care worker or volunteer;
- a health, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.





The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Subscribe today

✉ hello@myfamilyourneeds.co.uk

🐦 [@WeAreMFON](https://twitter.com/WeAreMFON)

➔ If you think someone is being abused, call adult social care on **0113 222 4401**. Your concerns will be taken seriously and will receive prompt attention, advice and support. The adult social care team is available Monday, Tuesday, Thursday and Friday, 9.00am to 5.00pm; and Wednesday, 10.00am to 5.00pm. Outside these hours you can:

- call **0113 378 0644**;
- email **leedsadults@leeds.gov.uk**; or
- call the police on **101**, or **999** if it is an emergency.

If the abuse is also a crime, such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused. If the police are involved, adult social care will work with them to support you.

If you are worried about contacting the police, you can contact adult social care on **0113 222 4401** to talk things over first. If immediate action is needed, dial **999**.

You can also:

- contact the Care Quality Commission (CQC) on **0300 061 6161** if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or

- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse, know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work or working with children and vulnerable adults. This service combines the criminal records checking and barring functions. For disclosure information and services, visit **www.gov.uk/db**s

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but who seek employment in care positions will face criminal charges, including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.



We understand that finding the right care home can be a confusing time. Our care team at Gledhow is ready to support you and your family, every step of the way.

Our mission is to enhance the comfort and independence of older people and surround them with like-minded people and a caring team that simply won't compromise in the quality of their support.

Take the first step...

Call us anytime to book a tour of Gledhow care home

 **0345 125 8973**

Gledhow care home in Leeds

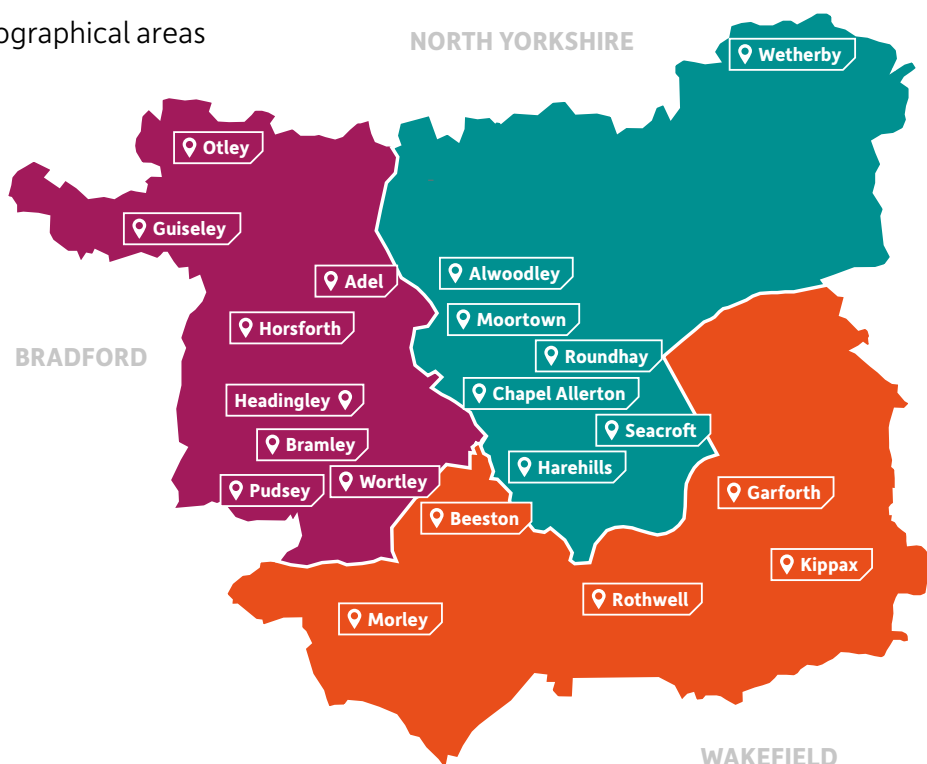
Nursing care • Nursing dementia care • Short care breaks • Palliative care

Residential care in Leeds

This Directory is divided into the geographical areas listed on this map.

Home care providers begin on page 27.

East/North East	59
West/North West	61
South/East	67



East/North East Leeds care homes

Berkeley Court

Chatsworth Road, Harehills, Leeds LS8 3QJ
Tel: 0113 249 9170

OP D YA

Carr Croft Care Home

Stainbeck Lane, Chapel Allerton, Leeds LS7 2PS
Tel: 0113 278 2220

OP D

Cranmer Court

Cranmer Bank, Leeds LS17 5LD
Tel: 0113 237 0024

OP PD LDA SI

Cranmer Scheme

Lynda Cohen House, 1 Cranmer Road, Leeds LS17 5PX
Tel: 0113 237 1052

D LDA

Dyneley House LCA

10 Allerton Hill, Chapel Allerton, Leeds LS7 3QB
Tel: 0113 268 1812

OP

Errol House

155 High Street, Boston Spa, Wetherby LS23 6BH
Tel: 01937 849392

PD LDA YA

House of Light

13 Allerton Park, Leeds LS7 4ND
Tel: 0113 268 1480

LDA

Leeds Jewish Welfare Board – 248 Lidgett Lane

Leeds LS17 6QH
Tel: 0113 268 1542

LDA

Millcroft House

Moresdale Lane, Seacroft, Leeds LS14 6TJ
Tel: 07494 078127

OP MH YA

Neville House

12 Montreal Avenue, Chapel Allerton, Leeds LS7 4LF
Tel: 0113 262 9764

OP D

Oak Tree Lodge

Foundry Approach, Gipton, Leeds LS9 6BT
Tel: 01138 346725

OP D YA

Oakhaven Care Home

213 Oakwood Lane, Leeds LS8 2PE
Tel: 0113 240 2894

OP D PD LDA MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Osman House

48 Station Road, Scholes, Leeds LS15 4BT
Tel: 0113 887 9765

OP PD MH YA

RecoveryHub@EastLeeds

Seacroft Green, Seacroft, Leeds LS14 6JL
Tel: 0113 378 2203

OP D

Roundhay Wood Apartments

51-53 Gledhow Wood Road, Roundhay,
Leeds LS8 4DG
Tel: 01977 329623

LDA MH YA

Sabourn Court Care Home

1 Oakwood Grove, Leeds LS8 2PA
Tel: 07538 515127

OP PD SI YA

Scott Hall Grove

83-85 Scott Hall Grove, Potternewton,
Leeds LS7 3HJ
Tel: 0113 262 6025

OP PD LDA MH SI YA AD

Springfield LCA

1 Lowther Avenue, Garforth, Leeds LS25 1EP
Tel: 0113 286 3415

OP D MH YA

St Anne's Community Services

– Cherry Tree Dispersed

71 Hallfield Lane, Wetherby LS22 6JS
Tel: 01937 586723

LDA

Terry Yorath House

18 Devonshire Close, Roundhay, Leeds LS8 1BF
Tel: 0113 266 2445

OP PD LDA YA

United Response – 2a St Alban's Close

Harehills, Leeds LS9 6LE
Tel: 0113 240 1837

PD LDA

Wharfedale House – Care Home Physical Disabilities

16 Wharfedale Lawns, Wetherby LS22 6PU
Tel: 01937 585667

OP PD LDA YA

Windsor Court

Sandbeck Way, Wetherby LS22 7DN
Tel: 01937 586651

OP D

Wykebeck Court Bupa Care Home

543 York Road, Leeds LS9 6NH
Tel: 0113 5119688 **Advert below**

OP D YA



Up for new things in our Leeds care homes

Whether you're 65 or 105, you're still you. We believe it's never too late to explore new things, make new friends, discover hidden talents or enjoy every moment of the things you love the most. So, forget what you think you know about care homes. Start your search for a Bupa care home today.

Nursing | Residential | Dementia residential*

Call us for advice on care today

0113 511 4951

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday.
We may record or monitor our calls.

Look in the listings for our care homes:

Elmwood

Sunnyview House*

Wykebeck Court*

- ☒ All types of funding welcome
- ☒ You don't need health insurance

EMW/SVH/WYK CS 03768

Aberford Hall LCA

Oakwood Green, Roundhay, Leeds LS8 2QU
Tel: 0113 232 3225

OP YA

Alderbrook Care Home

Donisthorpe Hall, Shadwell Lane, Leeds LS17 6AW
Tel: 01628 662888

OP D PD SI YA

Ashfield Nursing and Residential Home LCA

3 Ashfield, Wetherby, Leeds LS22 7TF
Tel: 01937 584724

OP

Brandon House

Tongue Lane, Meanwood, Leeds LS6 4QD
Tel: 0113 278 7103

OP D PD SI YA

Copperfields

Cross Green Lane, East End Park,
Leeds LS9 0BA
Tel: 0113 531 2200

OP D PD MH YA

Elmwood Bupa Care Home

3 Wetherby Road, Oakwood, Leeds LS8 2JU
Tel: 0113 5116752 **Advert page 60**

OP

Embracing Independent Lifestyles (EIL)

– Thorn Mount Nursing Home

Thorn Mount, Leeds LS8 3LR
Tel: 0113 320 2937

OP D PD LDA MH YA AD

Gledhow

145 & 147 Brackenwood Road, Gledhow,
Leeds LS8 1SF
Tel: 0345 125 8973 **Advert page 58**

OP D

Harewood Court Nursing Home

89 Harehills Lane, Chapel Allerton, Leeds LS7 4HA
Tel: 0113 226 9380

OP D PD YA

Harrogate Lodge Care Home

25 Harrogate Road, Chapel Allerton, Leeds LS7 3PD
Tel: 0113 239 2173

OP

John Sturrock

Walter Crescent, Richmond Hill, Leeds LS9 8NG
Tel: 0113 249 1681

OP D MH YA

Kingston Nursing Home

7 Park Crescent, Roundhay, Leeds LS8 1DH
Tel: 0113 266 6520

OP D PD YA

Maplehurst

33 King Lane, Leeds LS17 5PP
Tel: 0161 638328

YA

Oakwood Hall

Oakwood Grange Lane, Leeds LS8 2PF
Tel: 0113 235 9079

MH

Park Avenue Care Home

8 Park Avenue, Leeds LS8 2JH
Tel: 0113 212 0602

OP D PD LDA MH SI YA

Park Lodge

10 Park Avenue, Roundhay, Leeds LS8 2JH
Tel: 0113 265 9353

OP YA

Seacroft Grange Care Village LCA

The Green, Seacroft, Leeds LS14 6JL
Tel: 0113 345 2300

OP D PD YA

Seacroft Green Care Village LCA

Seacroft Crescent, Seacroft, Leeds LS14 6PA
Tel: 0113 426 1230

OP D PD SI YA

St Anne's Community Services – Benedicts

Ashfield, Wetherby LS22 7TF
Tel: 01937 588895

LDA

Wetherby Manor

St James Street, Wetherby LS22 6RS
Tel: 01914 605219

OP D

Wykebeck Court Bupa Care Home

543 York Road, Leeds LS9 6NH
Tel: 0113 5119688 **Advert page 60**

OP D YA

West/North West Leeds care homes

Acacia Court LCA

Crawshall Hill, Pudsey, Leeds LS28 7BW
Tel: 0113 255 9933

OP D YA

Adel Grange Residential Home

Adel Grange Close, Adel, Leeds LS16 8HX
Tel: 0113 261 1288 **Advert page 62**

D

Aire View Care Home LCA

29 Broad Lane, Kirkstall, Leeds LS5 3ED3
Tel: 0113 8533784 **Advert page 48**

OP D PD

Airedale Care Home

Church Lane, Pudsey, Leeds LS28 7RF
Tel: 0113 257 2138

OP D PD MH SI YA



PARKFIELD HEALTHCARE
NURSING & RESIDENTIAL
CARE SERVICES

*“The care given should be a benchmark
for other homes to follow”*



Adel Grange Residential Home

Adel Grange Close, Leeds LS16 8HX

Adel Grange is a period manor house set in Adel about ½ a mile from Leeds ring road. It offers care for up to 30 residents living with a variety of life changing and limiting conditions including Diabetes, Parkinson's Disease, and the long-term impact of strokes. The Home specialises in the care of Elderly residents living with mental health illnesses chief among these are Alzheimer's diseases and Dementia

- Situated in a residential area in Adel, North Leeds
- Family run Care Home established over 30 years
- Providing care for thirty older adults
- Two homes across the Leeds/Bradford area offering Nursing, Residential and Respite Care
- Inter-active Dementia friendly environment with outdoor space and quiet areas

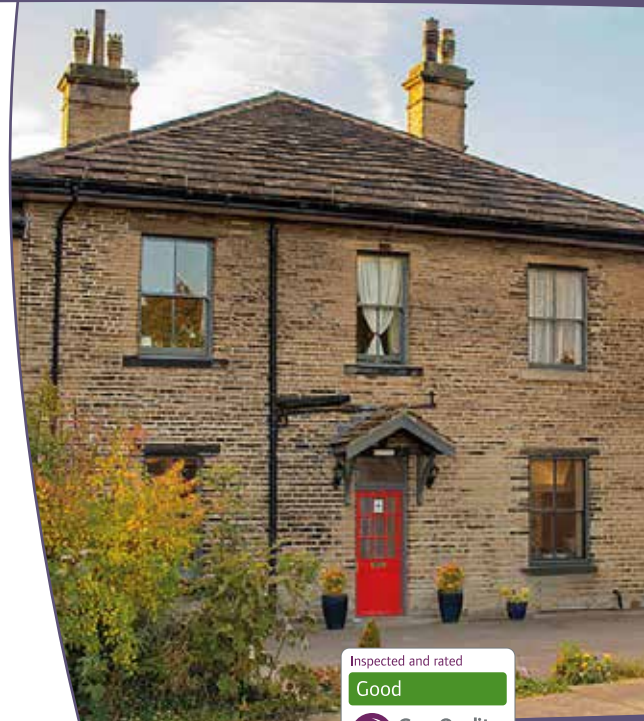
Tel: 0113 261 1288 • Fax: 0113 2674398 • Email: adelgrange@parkfieldhealthcare.com

Westfield Manor Nursing Home

43 Westfield Lane, Idle, Bradford BD10 8PY

Westfield Manor is a small family run nursing home in the heart of Idle Village. It offers care for up to 25 residents living with a variety of life changing and limiting conditions including Diabetes, Parkinson's Disease, and the long-term impact of strokes. The Home specialises in the care of Elderly residents living with mental health illnesses chief among these are Alzheimer's diseases and Dementia.

- Situated in a residential area in Idle, Bradford
- Family run Care Home established over 30 years
- Providing care for twenty five older adults
- Two homes across the region offering Nursing, Residential and Respite Care
- Inter-active Dementia friendly environment with outdoor space and quiet areas



Tel: 01274 610442 • Email: westfieldmanor@parkfieldhealthcare.com

Adel Grange – 0113 261 1288 • Westfield Manor – 01274 610442

parkfieldhealthcare.com

West/North West Leeds care homes continued

Alexandra Court Residential Home

333 Spen Lane, West Park, Leeds LS16 5BB

Tel: 0113 274 3661

OP D MH SI

Beech Hall

1 Far Fold Lane, Armley, Leeds LS12 3UE

Tel: 0113 224 4621

OP D LDA

Cookridge Court

Iveson Rise, Lawnswood, Leeds LS16 6NB

Tel: 0113 2136 391 **Advert page 64**

OP D PD

Farfield Drive

3a Farfield Drive, Farsley, Leeds LS28 5HN

Tel: 0113 262 6025

OP PD LDA MH SI YA AD

Grove Park Care Home LCA

100 Grove Lane, Headingley,

Leeds LS6 2BG

Tel: 0113 278 9612

Advert page 48

OP D PD MH SI YA

Halcyon Court Care Home

55 Cliffe Road, Headingley, Leeds LS6 2EZ

Tel: 0113 274 3006

OP D YA

Headingley Hall Care Home LCA

5 Shire Oak Road, Headingley, Leeds LS6 2DD

Tel: 0113 275 9950

Advert Inside Front Cover & page 47

OP D

Hillcrest Residential Home

12 Hill Top Road, Leeds LS12 3SG

Tel: 0113 263 9002

OP D YA

Hillside House

15 Wood Lane, Headingley, Leeds LS6 2AY

Tel: 0113 278 7401

LDA MH YA

Horsforth Manor Care Home

Manor Road, Horsforth, Leeds LS18 4DX

Tel: 01482 665063 **Advert page 4**

OP D PD SI YA

Hutton Manor Care Home

Crawshaw Road, Pudsey LS28 7UB

Tel: 0113 831 4176

OP D PD SI YA

Kirkside House

1 Spen Lane, Kirkstall, Leeds LS5 3EJ

Tel: 0113 278 4131

OP LDA MH YA AD

Kirkside Lodge

1 Spen Lane, Kirkstall, Leeds LS5 3EJ

Tel: 0114 327 8683

LDA MH SI

Kirkstall Court

119-129 Vesper Road, Kirkstall, Leeds LS5 3LJ

Tel: 0113 259 1111

OP D PD YA

Manor House Residential Home

Hall Lane, Old Farnley, Leeds LS12 5HA

Tel: 0113 537 3416 **Advert page 6**

OP D MH YA

Mineral Cottage Residential Home Ltd

520 Whitehall Road, New Farnley,

Leeds LS12 5HZ

Tel: 0113 229 3561

LDA

Olive Lodge

Bedford Court, Broadgate Lane, Horsforth,

Leeds LS18 4EJ

Tel: 0113 259 3800

OP D PD SI

Options, The Thicket

West Chevin Road, Otley LS21 3HA

Tel: 01943 851424

LDA YA

Outwood, The

12 Outwood Lane, Horsforth, Leeds LS18 4JA

Tel: 0113 258 6144

LDA MH YA

Primrose Court

Orchard Way, off Oxford Road, Guiseley,

Leeds LS20 9EP

Tel: 01943 875690

OP D

Raynel Drive

9 Raynel Drive, Cookridge, Leeds LS16 6BS

Tel: 0113 262 6025

OP PD LDA MH SI YA AD

RecoveryHub@NorthWestLeeds

Silver Lane Surgery, 1 Suffolk Court, Silver Lane,

Yeadon, Leeds LS19 7JN

Tel: 0113 378 3128

OP D PD YA

Red Court Care Home & The Grove Care Home – Pudsey

Chapeltown, Pudsey, Leeds LS28 7RZ

Tel: 0113 433 3020 **Advert page 66**

OP D

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted



Your care matters

with Barchester

**Everyone deserves uncompromising care.
That's the passionate belief of the experts in our care home.**

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

**These are the things that mean the most.
And because they matter to you, they matter to us.**



COOKRIDGE COURT

BARCHESTER HEALTHCARE

barchester.com/Cookridge

Iveson Rise, Cookridge, Leeds, LS16 6NB

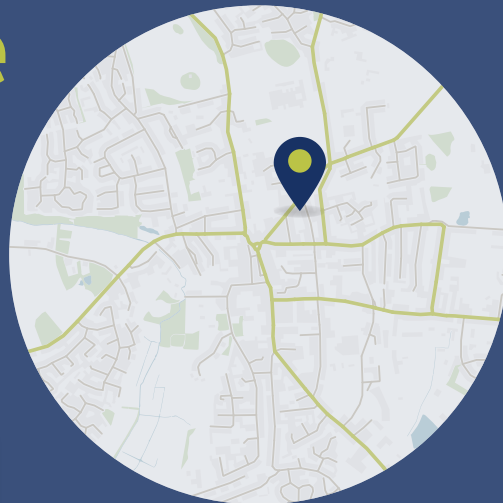
Residential • Dementia • Respite

Call Cookridge Court on 0113 2136 391 to find out how we can help

Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Scan to search now

www.carechoices.co.uk



 **CareChoices**

West/North West Leeds care homes continued

Rievaulx House Care Centre **LCA**

Thornhill Road, Wortley, Leeds LS12 4LL

Tel: 0113 220 5000

OP D

Sense – 1 Ashley Green

Upper Wortley Road, Wortley,

Leeds LS12 4LF

Tel: 0113 279 6027

PD LDA SI

Sense – 138 Bradford Road

Pudsey, Leeds LS28 6EP

Tel: 0113 239 3142

OP PD LDA SI

Sense – 509 Leeds and Bradford Road

Bramley, Leeds LS13 2AG

Tel: 0113 255 8215

OP PD LDA SI YA

Signhealth Constance Way

2 Constance Way, Leicester Place,

Leeds LS7 1HX

Tel: 0113 245 7991

OP MH SI YA

Simon Marks Court

Lynwood Garth, Lynwood View,

Wortley, Leeds LS12 4BE

Tel: 0113 511 7969

OP D

Spinney Residential Home, The

21 Armley Grange Drive, Armley, Leeds LS12 3QH

Tel: 0113 279 2571

OP

Spring Gardens

Westbourne Grove, Otley, Leeds LS21 3LJ

Tel: 01943 464497

OP

St Anne's Community Services – Cardigan Road

66 Cardigan Road, Leeds LS6 3BJ

Tel: 0113 275 2124

LDA

St Anne's Community Services – Croft House

155 Town Street, Leeds LS18 5BL

Tel: 0113 258 0131

OP D PD LDA MH YA

Summerfield Court

55b Summerfield Drive, Bramley, Leeds LS13 1AJ

Tel: 0113 236 2229

PD MH SI YA AD

Weavers Court Care Home

Naylor Avenue, Rawdon, Yeadon, Leeds LS19 7FG

Tel: 0113 465 3000

OP D PD SI YA

Wharfeside

Westgate, Otley LS21 3AT

Tel: 0207 759 7272

OP D

West/North West Leeds care homes with nursing

Adel Manor Care Centre

Adel Manor Gardens, Adel, Leeds LS16 7FP

Tel: 01619 272940

OP D PD YA

Champion House

– Care Home with Nursing Physical Disabilities

Clara Drive, Calverley, Pudsey LS28 5QP

Tel: 01274 612459

OP D PD LDA MH YA

Charlton Court Nursing Home

477-479 Bradford Road, Pudsey,

Leeds LS28 8ED

Tel: 01274 661242

OP D PD LDA

Claremont Care Home

New Street, Farsley LS28 5BF

Tel: 0113 236 0200

OP D YA

Corinthian House **LCA**

Green Hill Lane, Upper Wortley,

Leeds LS12 4EZ

Tel: 0113 223 4602

OP D YA

Gables Nursing Home, The **LCA**

231 Swinnow Road, Pudsey LS28 9AP

Tel: 0113 257 0123

OP D PD MH YA

Ghyll Royd Nursing Home

New Ghyll Royd, Guiseley, Leeds LS20 9LT

Tel: 01943 870720

OP D

Green Lane Intermediate Care Centre

Green Lane, New Wortley,

Leeds LS12 1JZ

Tel: 0113 231 1755

OP D PD YA

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Red Court Care Home & The Grove Care Home, Pudsey



Exceptional, Personalised Care.



www.thegrove.org.uk

- Opened in November 2017.
- Unique Courtyard layout.
- 63 En-Suite bedrooms.
- 8 Dayrooms.
- Colourful decor.
- Latest technology.
- Luxurious furnishings.



**RED
COURT**
CARE HOME

www.redcourt.org.uk

- Same ownership since opening 40 years ago.
- Always had Good CQC rating.
- 39 bedrooms.
- Elegant building which oozes atmosphere.
- Homely and friendly ambiance.

Both Care Homes are located in the large park-like grounds of Grove House. This historic building, dating from the 18th Century, has been extensively refurbished and includes a **large function room and terrace** to be enjoyed by the residents of both Care Homes.



"To all the staff at Red Court, we would like to say thank you for all the exceptional care you have given mum over the last three years. It meant a great deal to us to know that she was safe, happy and well looked after. Thanks also for always supporting us and making us feel so welcome, we really appreciated it".

Tel: 0113 433 3020

Chapeltown, Pudsey, West Yorkshire, LS28 7RZ

West/North West Leeds care homes with nursing continued

Guisseley Manor Care Centre

Otley Road, Guiseley, Leeds LS20 8FE
Tel: 01619 272940

OP D PD YA

Headingley Nursing Home

15 Cardigan Road, Headingley, Leeds LS6 3AE
Tel: 0113 230 4966

OP D PD LDA SI YA

Owlett Hall

Bradford Road, Drighlington,
Bradford BD11 1ED
Tel: 0113 285 9710

OP D PD YA

Paisley Lodge

Hopton Mews, Armley, Leeds LS12 3UA
Tel: 0113 263 2488

OP D YA

RecoveryHub@NorthWestLeeds

Silver Lane Surgery, 1 Suffolk Court, Silver Lane,
Yeadon, Leeds LS19 7JN
Tel: 0113 378 3128

OP D PD YA

St Anne's Community Services – Rockhaven

57 Batchelor Lane, Leeds LS18 5NF
Tel: 0113 258 4984

LDA

St Luke's Care Home

Upper Carr Lane, Calverley, Leeds LS28 5PL
Tel: 0113 256 3547

D PD MH

Sunningdale Nursing Home

Town Street, Rawdon, Leeds LS19 6PU
Tel: 0113 250 5003

OP D YA

South/East Leeds care homes

Alexander Residential Home LCA

Victoria Road, Morley, Leeds LS27 9JJ
Tel: 0113 253 2046

OP D

Ardley House

55a Royston Hill, East Ardsley, Wakefield WF3 2HN
Tel: 01924 835220

OP LDA YA

Augustus Court LCA

Church Gardens, Church Lane, Garforth,
Leeds LS25 1HG
Tel: 0113 385 0000

OP D YA

Carlton House

24 Wakefield Road, Rothwell Haigh, Leeds LS26 0SF
Tel: 0113 282 7110

OP LDA YA

Cedars Care Home LCA

Church Side, Methley LS26 9BH
Tel: 01977 512993

Advert Inside Front Cover

OP D MH

Coach House Care Home, The LCA

58 Lidgett Lane, Garforth, Leeds LS25 1LL
Tel: 0113 232 0884

OP D YA

Cross Heath Grove

2 Cross Heath Grove, Beeston,
Leeds LS11 8UQ
Tel: 0113 271 8194

OP PD LDA MH SI YA AD

Daisy Vale House

Daisy Vale Terrace, Thorpe,
Wakefield WF3 3DS
Tel: 01924 822209

OP LDA YA

Daniel Yorath House

1 Shaw Close, Garforth, Leeds LS25 2HA
Tel: 0113 287 3871

OP YA

Dolphin Lane

1 Dolphin Lane, Thorpe,
Wakefield WF3 3DN
Tel: 01924 872080

OP LDA YA

Dolphin Manor

Stonebrigg Lane, Rothwell, Leeds LS26 0UD
Tel: 0113 282 4942

OP D PD LDA MH SI YA

Fairfax Road

19 Fairfax Road, Leeds LS11 8SY
Tel: 0113 277 8842

OP LDA YA

Ferndale Care Home LCA

Britannia Road, Morley, Leeds LS27 0DW
Tel: 0113 253 3196

OP D YA

Foxwood Lodge Residential Care Home

Carr Lane, Carlton, Wakefield WF3 3RT
Tel: 01924 806295

OP D MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted

Heathcotes (Leeds and Morley)

Bridge Street Close, Morley, Leeds LS27 0EX

Tel: 0113 252 6406 **PD LDA SI YA**

Hembrigg Park

Bridge Street Close, Morley, Leeds LS27 0EY

Tel: 0113 253 1544 **PD LDA MH SI YA**

Highfield Care Centre

1 Leeds Road, Allerton Bywater,

Castleford WF10 2DY

Tel: 01977 552601 **OP D YA**

Hollies, The LCA

27 Church Lane, Garforth, Leeds LS25 1NW

Tel: 0113 287 1808 **OP D YA**

Kirklands

Kirklands, Rooms Lane, Morley, Leeds LS27 9PA

Tel: 0113 253 3917 **PD LDA MH SI YA**

Knowle Manor

Tennyson Avenue, Morley, Leeds LS27 8QB

Tel: 0113 253 4740 **OP**

Larchfield

Joseph Street, Leeds LS10 2AD

Tel: 0113 277 2284 **OP D MH YA**

Lofthouse Grange and Lodge

340 Leeds Road, Lofthouse, Wakefield WF3 3QQ

Tel: 01924 822272 **OP D LDA YA**

Meadowbrook Manor LCA

147-149 Wakefield Road, Garforth, Leeds LS25 1NE

Tel: 0113 232 0054 **OP D**

Morley Manor Residential Home

Brunswick Street, Morley, Leeds LS27 9DL

Tel: 0113 253 0309 **OP D**

Nesfield Lodge

45 Nesfield Road, Belle Isle, Leeds LS10 3LG

Tel: 0113 277 6880 **OP D**

Oaklands Residential Home LCA

14 Pinfold Lane, Mickeltown Methley,

Leeds LS26 9AB

Tel: 01977 515451 **OP D PD SI YA**

Oulton Manor

3 Wakefield Road, Oulton, Leeds LS26 8EL

Tel: 0113 511 7866 **Advert page 51** **OP D YA**

Pennington Court Nursing Home LCA

Hunslet Hall Road, Beeston, Leeds LS11 6TT

Tel: 0113 228 4040

Advert Inside Front Cover **OP**

Springfield House Retirement Home LCA

Springfield Avenue, Morley,

Leeds LS27 9PW

Tel: 0113 252 1969 **OP YA**

St Armands Court LCA

25 Church Lane, Garforth,

Leeds LS25 1NW

Tel: 0113 287 1808 **OP D YA**

St Philips Close

1 St Philips Close, Leeds LS10 3TR

Tel: 0113 277 8069 **OP LDA YA**

Stone Gables Care Home

Street Lane, Gildersome,

Leeds LS27 7HR

Tel: 0113 252 9452 **OP D PD SI**

UBU – 67 Elland Road

Morley, Leeds LS27 7QS

Tel: 0113 252 6561 **OP PD LDA SI**

United Response – 14 Lingwell Approach

Middleton, Leeds LS10 4TJ

Tel: 0113 277 8517 **PD LDA**

Victoria House Residential Home

Low Grange Crescent, Belle Isle,

Leeds LS10 3EB

Tel: 0113 2708 529 **Advert page 69** **OP D PD SI**

Wakefield Road

7 Wakefield Road, Garforth,

Leeds LS25 1AN

Tel: 0113 512 6852 **LDA MH**

Woodhouse Cottage

5 Woodhouse Lane, East Ardsley,

Wakefield WF3 2JS

Tel: 01924 824119 **LDA YA**

Woodhouse Hall

14 Woodhouse Lane, East Ardsley,

Wakefield WF3 2JS

Tel: 01924 870601 **OP PD LDA YA**

Victoria House Care Home



Victoria House is one of the most reputable providers of Residential, Dementia, Transitional and Respite Care for the elderly in the South West of Leeds.

We have a dedicated, experienced and very caring team. All our staff are selected not just for their professional skills but because they have a genuine interest in the welfare of others and are able to relate to older people.

Victoria House specialises in:

- Residential Care
- Dementia Care
- Transitional Care
- Respite Care



All our bedrooms are decorated to a high standard. The bedrooms are all fully furnished with en-suite and are equipped with call systems and TV aerial.



Victoria Care Leeds

**Low Grange Crescent, Belle Isle,
Leeds, West Yorkshire, LS10 3EB**

T: 0113 2708 529

E: jackie@victoriahouseleeds.co.uk

South/East Leeds care homes with nursing

Blencathra House

Church Street, Hunslet, Leeds LS10 2AY

Tel: 0113 277 1042

OP D PD SI YA

Colton Lodges Care Home LCA

2 Northwood Gardens, Colton, Leeds LS15 9HH

Tel: 0113 264 5288

OP D YA

Green Acres Care Home

Rigton Drive, Burmantofts, Leeds LS9 7PY

Tel: 0113 248 3334

OP D YA

Hillside Court

St Anthony's Road, Beeston, Leeds LS11 8FG

Tel: 0113 529 3500

OP D PD MH SI YA

Ingleborough House

Church Street, Hunslet, Leeds LS10 2AY

Tel: 07960 290002

OP D PD SI YA

Middleton Park Lodge

Acre Close, Middleton, Leeds LS10 4HT

Tel: 0113 271 2307

OP D PD YA

Moorleigh Nursing Home

278 Gibson Lane, Kippax, Leeds LS25 7JN

Tel: 0113 286 3247

D PD SI

Mulgrave House Nursing Home

9-11 Springfield Street, Rothwell,

Leeds LS26 0BD

Tel: 0113 282 1937

OP D PD MH SI

Nevis House

Church Street, Hunslet, Leeds LS10 2AY

Tel: 0113 277 1042

OP D PD SI YA

Pearl Peak House

Church Street, Hunslet, Leeds LS10 2AY

Tel: 0113 277 1042

OP D PD SI YA

Ravensdale

Naburn Walk, Whinmoor, Leeds LS14 2DA

Tel: 0113 273 9620

OP PD MH YA

RecoveryHub@SouthLeeds

Atha Crescent, Leeds LS11 7DB

Tel: 0113 843 5777

OP D PD MH SI

Rushmore House

Church Street, Hunslet, Leeds LS10 2AY

Tel: 0113 277 1042

OP D PD SI YA

Sunnyside Nursing Home

41 Marshall Terrace, Crossgates,

Leeds LS15 8EA

Tel: 0113 260 2867

OP D PD MH

Sunnyview House Bupa Care Home

Manor Field, Beeston, Leeds LS11 8QB

Tel: 0113 5116863 **Advert page 60**

OP D YA

Tryfan House

Church Street, Hunslet, Leeds LS10 2AY

Tel: 0113 277 1042

OP D PD SI YA

Willowbank Nursing Home LCA

5-7 Barwick Road, Leeds LS15 8SE

Tel: 0113 264 7924

OP YA

Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Scan to search now

CareChoices

www.carechoices.co.uk



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Registered Care Providers Association Somerset – see page 7

Advertisers are highlighted

Useful local contacts

Adult Social Care – Leeds City Council

Tel: **0113 222 4401** or

0113 378 0644 (out-of-hours).

Email: **leedsadults@leeds.gov.uk**

SignVideo: **www.leeds.gov.uk/accessibility/
british-sign-language-bsl**

Web: **www.leeds.gov.uk/adult-social-care**

Age UK Leeds

Works across Leeds and the district to support older people to enjoy later life.

Tel: **0113 389 3000** or **0113 389 3010**

Email: **info@ageukleeds.org.uk**

Web: **www.ageuk.org.uk/leeds**

Alzheimer's Society

– Memory Support Worker Service

Supports people with a diagnosis of dementia, their carers and families, and professionals in health and social care. • Tel: **0113 231 1727**

Email: **leeds@alzheimers.org.uk**

Care and Repair Leeds

Provides services to help older and disabled people on low incomes to live independently. Services include home maintenance and minor repairs, home adaptations, support and advice and living aids.

Tel: **0113 240 6009**

Email: **enquiries@care-repair-leeds.org.uk**

Web: **https://care-repair-leeds.org.uk**

Carers Leeds

Provides support to unpaid adult carers in Leeds.

An advice line runs Monday to Thursday, 9.00am to 5.00pm; and Friday, 9.00am to 4.30pm.

6-8 The Headrow LS1 6PT • Tel: **0113 380 4300**

Email: **advice@carersleeds.org.uk**

Web: **www.carersleeds.org.uk**

Citizens Advice Leeds

Provides free, independent advice and information to anyone living or working in the Leeds Metropolitan District and surrounding areas.

Advice and information are given on a wide range of subjects, including welfare benefits, debt, housing and employment.

Tel: **0808 278 7878**

Web: **www.citizensadviceleeds.org.uk**

Community Hubs

Quick face-to-face queries can be made on topics such as documentation and ID, housing repairs, employment and library services. For a full list of hubs that are currently open, visit the following website.

Web: **www.leeds.gov.uk/community-hubs**

Feel Good Factor Leeds

Provides activities, projects and services to improve access to health opportunities.

53 Louis Street, Chapeltown LS7 4BP

Tel: **0113 350 4200**

Email: **office@fgfleeds.org**

Web: **www.fgfleeds.org**

Leeds Centre for Integrated Living

Aims to improve quality of life for people with disabilities, remove barriers that restrict choice and control, support people to meet their personal objectives and enable disabled people to develop their abilities and confidence. Can also support people to manage a Direct Payment.

Cartelli House, 2 Arthur Street, Stanningley LS28 6JY

Tel: **0113 231 1125** • Web: **www.leedscil.org.uk**

Leeds Care Association

The member body for care providers in Leeds.

Tel: **0113 287 3490**

Email: **info@leedscare.co.uk**

Web: **www.leedscare.co.uk**

Leeds Directory

An online directory offering information on a wide range of local services. The directory also has an 'activities calendar' which contains information on local groups and events. The directory is supported by a helpline, available Monday to Friday, 9.00am to 5.00pm.

Tel: **0113 378 4610**

Email: **leedsdirectory@leeds.gov.uk**

Web: **www.leedsdirectory.org**

Leeds Money Information Centre

Provides details of all the organisations and charities across Leeds providing free and independent debt advice.

Web: **www.leeds.gov.uk/leedsmic**

→ Neighbourhood Networks

Community-based, locally led organisations enabling people over 60 to live independently and take an active role within their communities. These groups aim to reduce social isolation, provide opportunities for volunteering, offer information and advice, promote health and wellbeing and improve people's quality of life. Details of your local Neighbourhood Network can be found on the Leeds Directory by searching 'Neighbourhood Networks' (see page 71).

William Merritt Disabled Living Centre and Mobility

Provides impartial information, advice and assessment on equipment and practical aspects of daily living for disabled people of all ages, their carers, professionals and older people.

Tel: **0113 350 8989**

Text: **07858 224 510**

Email: **info@wmdlc.org**

Web: **www.wmdlc.org**

Useful national contacts

Age UK

Tel: **0800 678 1602**

Web: **www.ageuk.org.uk**

Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811** (10.00am to 10.00pm).

Email: **helpline@al-anonuk.org.uk**

Web: **www.al-anonuk.org.uk**

Alzheimer's Society

Tel: **0333 150 3456** (Dementia Connect support line – Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm).

Web: **www.alzheimers.org.uk**

Association of Charitable Organisations

A national umbrella body for charities that provide financial and wellbeing support to individuals.

Tel: **0207 255 4480** • Email: **info@aco.uk.net**

Web: **www.aco.uk.net**

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.

Tel: **0121 415 6960**

Email: **enquiries@bild.org.uk**

Web: **www.bild.org.uk**

Care Choices

Free, independent assistance with finding care providers. Searchable website.

Web: **www.carechoices.co.uk**

Care Quality Commission

Independent regulator of care services in England.

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Care Rights UK

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: **0207 359 8136** (9.30am to 1.00pm, Monday to Friday; and 6.00pm to 8.00pm on Thursdays).

Email: **helpline@carerightsuk.org**

Web: **www.carerightsuk.org**

Carers Trust

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.

Tel: **0300 772 9600**

Email: **info@carers.org**

Web: **www.carers.org**

Carers UK

The voice of carers.

Tel: **0808 808 7777**

Email: **advice@carersuk.org**

Web: **www.carersuk.org**

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics.

Tel: **0800 144 8848**

Web: **www.citizensadvice.org.uk**

Dementia Adventure

Thinking differently about dementia, the charity believes that with the right support, everyone with dementia can get outdoors, experience the wellbeing benefits of nature and enjoy more active and fulfilled lives. Dementia Adventure offers supported holidays and dementia training for family and friends, professionals and organisations.

Tel: **01245 237548**

Email: **info@dementiaadventure.co.uk**

Web: **https://dementiaadventure.org**

Elderly Accommodation Counsel

Helps older people make informed choices about meeting their housing and care needs.

Web: **https://housingcare.org**

Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: **0207 730 8263**

Email: **enquiries@fote.org.uk**

Web: **www.fote.org.uk**

Homecare Association

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: **0845 646 1775** (direct) or

0208 661 8188 (option four).

Email: **helpline@homecareassociation.org.uk**

Web: **www.homecareassociation.org.uk**



Hourglass

Works to protect, and prevent the abuse of, vulnerable older adults.

Tel: **0808 808 8141** (helpline).

Text: **07860 052906**

Web: **www.wearehourglass.org**

Independent Age

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: **0800 319 6789**

Email: **helpline@independentage.org**

Web: **www.independentage.org**

My Family, Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: **www.myfamilyourneeds.co.uk**

National Activity Providers Association (NAPA)

Promotes the importance of activities for older people.

Tel: **0800 158 5503**

Email: **info@napa-activities.co.uk**

Web: **https://napa-activities.co.uk**



A promotional banner for 'My Family, Our Needs'. It features a teal background with a white speech bubble containing the logo (two stylized figures) and the text 'my family our needs'. Below the logo, it says 'The lifestyle site for parents and carers of children with additional needs and those who support them.' and provides the website 'www.myfamilyourneeds.co.uk'. At the bottom, there is a pink section with a list of services: 'Birth to adulthood', 'Real life blogs', 'Directory', 'Ask the experts', and 'Monthly columnist'. To the right of this list are three buttons: 'Ask questions' (green), 'Get involved' (orange), and 'Join the family' (pink). At the top of the pink section, there is an email address 'hello@myfamilyourneeds.co.uk' and a Twitter handle '@WeAreMFON'.

→ National Association of Funeral Directors

Tel: **0121 711 1343** • Email: info@nafd.org.uk

Web: www.nafd.org.uk

National Care Association

A respected voice of the independent care sector.

Tel: **01634 716615**

Email: info@nationalcareassociation.org.uk

Web: <https://nationalcareassociation.org.uk>

National Society of Allied and Independent Funeral Directors

Tel: **0345 230 6777** • Web: <https://saif.org.uk>

NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a **999** emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available on **18001 111** using the Relay UK app on your smartphone, tablet or computer, or via a traditional textphone.

Playlist for Life

A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music. It also provides training for health and social care professionals looking to deliver person-centred care using personalised music.

Tel: **0141 404 0683**

Email: info@playlistforlife.org.uk

Web: www.playlistforlife.org.uk

SANE

Advice on mental health issues.

Tel: **0300 304 7000** (SANEline, open 4.00pm to 10.00pm, 365 days a year).

Email: support@sane.org.uk

Web: www.sane.org.uk

Silver Line, The

A 24-hour telephone befriending and advice line.

Tel: **0800 470 8090**

Web: www.thesilverline.org.uk

Veterans' Gateway

The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.

Tel: **0808 802 1212**

Web: www.gov.uk/government/collections/find-support-for-veterans-and-their-families



Tell us what you think

- ⦿ What have you found useful?
- ⦿ What could we do better?

Share your feedback

Take our five minute survey

www.carechoices.co.uk/reader-survey

 CareChoices

Home care providers

Advertisers in **bold**

ABR Grace Solutions Ltd	27	Care Club Ltd, The	29	Extra Care Service	32
Adopt Healthcare Ltd	27	Care Cover Complex Care	29	Fairy Care Services Ltd Leeds	32
Advanced Medcare	27	Care Global Healthcare Services	29	Feasible Healthcare Ltd	32
Aegis Care Solutions	27	Care Inclusive Ltd	29	Five Star Homecare Leeds Ltd	32
Affinity Trust	27	Care Quality Services Leeds	29	Fortify Healthcare Services Ltd	32
AJ Northern Blitz Ltd	27	Care247 Healthcare		GAIN Care Ltd – Leeds	32
Alas Healthcare (Leeds)	27	Services Ltd	29	Gemini Grange	32
Allied Hands Home Care and Support Service	27	Cared4Leeds	29	Gloriavd Health Care Ltd	32
All-In-One MultiCare Service Ltd	27	CareXtra24/7 Healthcare Ltd	31	Glory House	32
Alpha Alpha Supreme Care Ltd	27	CareYourWay Leeds	31	Goshen Social Care Ltd	32
Amblers Orchard (Office)	27	Caring Folk Ltd	31	Goshworks Premier Care Services Ltd	32
Ambrose Adrian Healthcare Ltd	27	Caring Heart and Hands Ltd	31	Gracey Care Ltd	32
Anchor Trust (The Laureates)	27	Caring Partnership Ltd	31	Grandum Care Ltd	32
Angels Community Enterprises CIC	27	Catholic Care – Diocese of Leeds	31	Grayson Home Care	32
Angels Healthcare Solutions Ltd	27	Central Care Ltd	31	Green Force Healthcare	32
Appealing Care Services Ltd	27	Chandos Walk, 2	31	Green Pastures Services Ltd	32
Arch Healthcare Ltd	27	Chriskepa Ltd	31	Greenmill Gardens	32
AS Care Ltd	27	City Force Healthcare Ltd	31	Greenstar Health Care Ltd	32
Aspire Specialised Supported Living Service	27	Civic Healthcare Ltd	31	Hadi Healthcare Services	33
Assisi Place	27	Clarity Homecare Leeds & Bradford	31	Haigh Care Ltd	33
At Home Specialists In Care	27	Classic Health Care Solutions – Leeds	31	Hales Group Ltd – Leeds	33
Audley Care Scarcroft Park	27	Click Operations (UK) Ltd	31	Happy Home Care Services Ltd	33
Azaba Healthcare Plus Ltd	27	Comforting Care	31	Healing Hands Care	33
BC Care Ltd	27	Comforting Healthcare	31	Health Care Assistance Ltd (West Yorkshire)	33
Be Caring Leeds	29	ComityHearts Care Services Ltd	31	Health First Care Services Ltd	33
Be You Care Services Ltd	29	Complete Care Agency Ltd	31	Healthycheck Ltd	33
Beekay Ltd	29	Complete Contemporary Care Triple “C” Ltd	31	Hearts At Home HomeCare Ltd – Leeds	33
Best Connection Healthcare Ltd	29	Connections Care Ltd	31	Helping Hands Leeds	33
Best In Home Healthcare	29	Cornerstone Healthcare Services Ltd	31	Helping Hands Rothwell	33
Beyond Care Health Solutions Ltd	29	Creative Support	31	HF Trust – Leeds & Bradford DCA	33
Bkind Care Ltd	29	Day&Night Social Care Ltd	31	High Healthcare	33
Blossom Home Care Leeds & Wakefield	29	Destiny Medical Ltd	31	Hillcrest Community Ltd	33
Blue Arrow Healthcare	29	Detailed Care Ltd	32	Holistic Healthcare Leeds	33
Bluebird Care (Leeds North)	29	Dynamic Social Support	32	Holistic Quality Care Ltd	33
Bluebird Care (Leeds South)	29	Elmar Home Care Ltd – Horsforth	32	Home Instead Wetherby, North Leeds & Horsforth	33
Brookeview Care Ltd	29	Epoch Homecare Ltd	32	Hope & Faith Healthcare Ltd	33
CAB Healthcare Services Ltd	29	ESSN Healthcare	32	Hope Homestay Ltd	33
Cardinal Care Services Ltd	29	Esteem Care Leeds Ltd	32	HTM Healthcare Ltd	33
Care 4 You Direct Leeds	29	Ethical Homecare Solutions	32	Hub for Healthcare Ltd	33
		Ethicare	32	iCare World Ltd	33

ILS24Health Care Ltd	33	MNR Solutions Ltd	35	Right at Home North Leeds, Otley and Horsforth	37
Indue Healthcare – Main Office	33	Moor Allerton Care Centre	35	Rise and Shine Services Ltd	37
Integral Care Hub (Leeds Office), The	34	Moorcare	35	Roche Homecare (Community)	37
IST Resourcing Ltd	34	My Homecare Yorkshire	35	Rose Mallow Care Services Ltd	37
Ivigate House	34	My Horizon Care Ltd	36	Rosecare Community Services Ltd	37
Jay and Noah Healthcare	34	Nefid Personnel	36	Rota Staffing Ltd	37
Jayrima Care Ltd	34	NetCare Health Ltd	36	Routes Healthcare Leeds	37
Jays Homecare Ltd	34	Newdon Care Services Ltd	36	Rumney Care and Ambulance Service Leeds	37
Kays-24-7 Care Services	34	Number 12 Chapeltown Enterprise Centre	36	Sabin Care	37
Kennores Healthcare Recruitment Ltd	34	Olive Lodge	36	Salem Community Services Ltd	37
Krystal Hope Ltd	34	OOJ Homecare Services Ltd	36	Seeds Healthcare	38
Leeds Learning Disability Community Support Service – East and North East Leeds	34	Page Alliance Healthcare Ltd	36	Select Choice Community Support Ltd	38
Leeds Learning Disability Community Support Service – South and South East Leeds	34	Paleo Care – Head Office	36	SENSE Community Services – West Yorkshire	38
Leeds Learning Disability Community Support Services – West and North West Leeds	35	Park Lodge	36	Shield Health & Social Care Ltd	38
Legacy Agency Ltd	35	Pennington Court Nursing Home	36	Siban Ltd	38
Lifeway Care Ltd	35	People Matters	36	Southlands Retirement Apartments with Care and Support	38
Limitless Healthcare Services Ltd	35	PerCurra Leeds	36	Spectrum Global Healthcare Solutions Ltd	38
Local Homecare	35	Personal Care Specialists	36	Splendid Care Solution	38
Loidis Care Services Ltd	35	Personal Touch Healthcare Ltd	36	Springfield Healthcare (Leeds and Wakefield)	38
Lotus Home Care Leeds	35	Pesnique Healthcare	36	Springfield Healthcare (North Yorkshire & York)	38
Love In Care	35	Phoenix Health Kare	36	St Anne's Community Services – Croft House	38
Lovella Care Ltd	35	Poplar Care Ltd	36	St Anne's Community Services – Leeds DCA	38
Loving Homecare Ltd	35	Positive OT & Case Management Ltd	36	St Anne's Community Services – Leeds DCA 2	38
MALMO Healthcare Specialists Ltd	35	Pre Care Services Ltd	36	St Anne's Leeds Domiciliary Care 3 (DCA 3)	38
MDT Excellence Ltd	35	PRN Healthcare Staffing Ltd	36	St Gregory's Homecare Ltd	38
Medacs Healthcare PLC	35	Pro Healthcare Services	36	Starcover Health & Social Care Ltd	38
Medcare HQ	35	Quodesh Healthcare Consultancy Ltd	36	Step Ahead Home Care Services	38
Mental Health Accommodation Based Services	35	Rani Care C.I.C.	36	Sugarman Health and Wellbeing – Leeds	38
Mental Health Accommodation Based Services – Cottingley Court	35	Rapid Healthcare & Recruitment Ltd	36	Sure Healthcare (Leeds)	38
Mental Health Accommodation Based Services – Spen Lane	35	Reflections Community Support	37	SureCare North Leeds Ltd	38
Meridian Health and Social Care – Leeds	35	Regent Street Leeds, 22	37	Talbot Gardens	38
Merline Healthcare Ltd	35	Relate Care Solutions Ltd	37	Tate Care Ltd	38
Metis Care Ltd	35	Rest Assured Homecare Services	37	Thermarks Healthcare Services Ltd	38
MK Care Services Ltd	35	Restore7 Ltd	37		
		Restored House Ltd, The	37		
		Rift Solutions Ltd	37		
		Right at Home – Leeds East, Roundhay to Rothwell	37		

Thorough Homecare Services (West Yorkshire)	38	Unity Plus Healthcare Leeds	39	Yorkshire and Humber Healthcare Alliance	39
Total Care Nursing Ltd	38	Valeo Domiciliary Care Service	39	Yorkshire and Humber Healthcare Alliance (West)	39
TPS Healthcare	39	Victoria Court	39	Yorkshire Homecare Ltd	39
Triage Care Services Leeds	39	Victorletticia Care Services	39	Your Life (Leeds)	39
Trust Life Care	39	Westward Care Ltd	39	Your Safe Homecare Ltd	39
Unique Community Services Leeds	39	– Outreach Office	39	t/a Kare Plus Leeds	39
Unique Support Solutions	39	Wharfedale View	39	Zariwezulu Ltd	39
United Response		Willow Homecare Leeds Ltd	39	Zion Care Solutions	
– Leeds-Harrogate	39	Winserve Care Services	39	– Main Office	39
		XL Care Services Ltd	39		

Care homes and care homes with nursing

Advertisers in **bold**

Aberford Hall	61	Daniel Yorath House	67	House of Light	59
Acacia Court	61	Dolphin Lane	67	Hutton Manor Care Home	63
Adel Grange Residential Home	61	Dolphin Manor	67	Ingleborough House	70
Adel Manor Care Centre	65	Dyneley House	59	John Sturrock	61
Aire View Care Home	61	Elmwood Bupa Care Home	61	Kingston Nursing Home	61
Airedale Care Home	61	Embracing Independent Lifestyles (EIL) – Thorn Mount Nursing Home	61	Kirklands	68
Alderbrook Care Home	61	Errol House	59	Kirkside House	63
Alexander Residential Home	67	Fairfax Road	67	Kirkside Lodge	63
Alexandra Court Residential Home	63	Farfield Drive	63	Kirkstall Court	63
Ardsley House	67	Ferndale Care Home	67	Knowle Manor	68
Ashfield Nursing and Residential Home	61	Foxwood Lodge Residential Care Home	67	Larchfield	68
Augustus Court	67	Gables Nursing Home, The	65	Leeds Jewish Welfare Board – 248 Lidgett Lane	59
Beech Hall	63	Ghyll Royd Nursing Home	65	Lofthouse Grange and Lodge	68
Berkeley Court	59	Gledhow	61	Manor House Residential Home	63
Blencathra House	70	Green Acres Care Home	70	Maplehurst	61
Brandon House	61	Green Lane Intermediate Care Centre	65	Meadowbrook Manor	68
Carlton House	67	Grove Park Care Home	63	Middleton Park Lodge	70
Carr Croft Care Home	59	Guiseley Manor Care Centre	67	Millcroft House	59
Cedars Care Home	67	Halcyon Court Care Home	63	Mineral Cottage Residential Home Ltd	63
Champion House – Care Home with Nursing Physical Disabilities	65	Harewood Court Nursing Home	61	Moorleigh Nursing Home	70
Charlton Court Nursing Home	65	Harrogate Lodge Care Home	61	Morley Manor Residential Home	68
Claremont Care Home	65	Headingley Hall Care Home	63	Mulgrave House Nursing Home	70
Coach House Care Home, The	67	Headingley Nursing Home	67	Nesfield Lodge	68
Colton Lodges Care Home	70	Heathcotes (Leeds and Morley)	68	Neville House	59
Cookridge Court	63	Hembrigg Park	68	Nevis House	70
Copperfields	61	Highfield Care Centre	68	Oak Tree Lodge	59
Corinthian House	65	Hillcrest Residential Home	63	Oakhaven Care Home	59
Cranmer Court	59	Hillside Court	70	Oaklands Residential Home	68
Cranmer Scheme	59	Hillside House	63	Oakwood Hall	61
Cross Heath Grove	67	Hollies, The	68	Olive Lodge	63
Daisy Vale House	67	Horsforth Manor Care Home	63	Options, The Thicket	63
				Osman House	60

Oulton Manor	68	Sense – 138 Bradford Road	65	Sunningdale Nursing Home	67
Outwood, The	63	Sense – 509 Leeds and		Sunnyside Nursing Home	70
Owlett Hall	67	Bradford Road	65	Sunnyview House Bupa Care	
Paisley Lodge	67	Signhealth Constance Way	65	Home	70
Park Avenue Care Home	61	Simon Marks Court	65	Terry Yorath House	60
Park Lodge	61	Spinney Residential Home, The	65	Tryfan House	70
Pearl Peak House	70	Springfield House Retirement		UBU – 67 Elland Road	68
Pennington Court Nursing Home	68	Home	68	United Response	
Primrose Court	63	Springfield	60	– 2a St Alban's Close	60
Ravensdale	70	Spring Gardens	65	United Response	
Raynel Drive	63	St Anne's Community Services		– 14 Lingwell Approach	68
RecoveryHub@EastLeeds	60	– Benedicts	61	Victoria House	
RecoveryHub@North		St Anne's Community Services		Residential Home	68
WestLeeds	63, 67	– Cardigan Road	65	Wakefield Road	68
RecoveryHub@SouthLeeds	70	St Anne's Community Services		Weavers Court Care Home	65
Red Court Care Home & The		– Cherry Tree Dispersed	60	Wetherby Manor	61
Grove Care Home – Pudsey	63	St Anne's Community Services		Wharfedale House – Care Home	
Rievaulx House Care Centre	65	– Croft House	65	Physical Disabilities	60
Roundhay Wood Apartments	60	St Anne's Community Services		Wharfeside	65
Rushmore House	70	– Rockhaven	67	Willowbank Nursing Home	70
Sabourn Court Care Home	60	St Armands Court	68	Windsor Court	60
Scott Hall Grove	60	St Luke's Care Home	67	Woodhouse Cottage	68
Seacroft Grange Care Village	61	St Philips Close	68	Woodhouse Hall	68
Seacroft Green Care Village	61	Stone Gables Care Home	68	Wykebeck Court	
Sense – 1 Ashley Green	65	Summerfield Court	65	Bupa Care Home	60, 61

Other advertisers

Agincare	26	Elmar Home Care		Starcover	Inside Back Cover
Anchor	6 & 51	– Keighley Office	30	Staveley Birkleas	
Avery	48	Greenholme House	48	Nursing Home	44
Barchester	64	Helping Hands	19	TAO Complex Care	
Bluebird Care	28	MHA	58	Outside Back Cover	
Bupa	60	My Family Our Needs		Victoria Care	69
Care Choices				Westward Care	
	9, 22, 39, 54, 64, 70 & 74		8, 42, 57 & 73	Inside Front Cover & 47	
Caremark	30	Parkfield Healthcare	62	Westfield Manor	62
Czajka Care	44	Radfield Home Care	30	Yorkare Homes	4



Care Choices Limited has taken every care to ensure that the information contained in this Directory is accurate at the time of print. The company cannot accept responsibility for any errors or omissions in the publication, including if an organisation varies from the information included in an advertisement, the editorial or the listings. Care Choices Limited does not endorse or support any particular organisation included in the Directory. ©2024 Care Choices Limited. Care Choices Limited reserves all rights in the titles Care Choices and HOMES Guide and their design. **Care Choices™** is a trademark of Care Choices Limited.

Ref. No: 4001/Leeds21/0125. Reproduction of any part of this publication in any form without the written permission of Care Choices Limited is prohibited.

Published by: Care Choices Limited, Valley Court, Lower Road, Croydon, Nr Royston, Hertfordshire SG8 0HF. Tel: 01223 207770.

Director of Policy and Communications: Jo Dovey.

Director of Creative Operations: Lisa Werthmann.

Director of Sales: David Werthmann.

Sales Manager: Paul O'Callaghan.

Regional Sales Supervisor: Vanessa Ryder.

Senior Sales Executives: Tony Boyce, Chris McMahon, Hannah O'Neill, Susan Speaight.

Studio Manager: Jamie Harvey.

Lead Designer: Ruth Keating.

Graphic Designers: Rebecca Mendil, Olive Nash, Tyler Smith.

Distribution: Gemma Seaber-Shinn.

Lead Editor: Henry Thornton.

Editors: Bethany Crow, Melissa Rumbold.

Content Editor: Aislinn Thompson.

Care That Comes From The Heart

Starcover is founded and operated by nurses and healthcare professionals with over 15 years of experience in the healthcare industry. We understand the extensive process and potential issues faced by both healthcare professionals and healthcare facilities as they seek to provide better client care.

Starcover is dedicated to providing the highest quality health care services to our clients. We are always re-evaluating and exploring options to identify the best ways to ensure our clients are provided with the highest standard of care.

We pride ourselves on offering consistent, dedicated staff who truly care, we provide peace of mind for you and your loved ones.

“ A fantastic company with the best management which I will not hesitate to recommend anytime. I am very grateful and thankful for their great care and attention. ”

– Client review taken from Google Reviews

WE PROVIDE

Social/Support Workers

Nurses

Domiciliary Care/Home Care

Complex/TDDI Care

Live-in Care

WHY CLIENTS CHOOSE STARCOVER

- ★ Operated by nurses and healthcare professionals with over 15 years of experience in the healthcare industry.
- ★ Available for our clients 24 hours a day, 7 days a week.
- ★ Consistency and continuity of staff.



OUR 24 HOUR PHONE

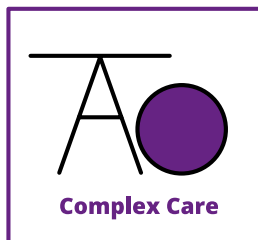
0333 006 5042

admin@starcover.co.uk

www.starcover.co.uk



TAO Complex Care goes beyond physical care, providing tailored support in communication, social skills, emotional regulation, and more. Our personalised approach helps our clients achieve their goals, building independence, confidence, and happiness along the way.



Complex Care Support:

- From a few hours to 24 hours a day
- Young and Older Adults (18-65)
- Learning Disabilities and Autism
- Mental Health Support
- Physical Disabilities
- Supported Living

Phone: **0330 174 2697** Email: **complexcare@tao-ss.co.uk** Website: **tao-ss.co.uk**



**Independence,
is a way of living**



When you care, everyday makes a difference