

Time for Us Cafe

De-stress after Christmas with some Adult Colouring.



Christmas is always a stressful time of year so come along to the cafe and relax by enjoying some adult colouring, have a chat and a cuppa with friends and a spot of lunch. All materials will be provided but feel free to bring along anything you want to use.

**Thursday 12th January 2017
between 11am and 2.30pm**

Light refreshments will be provided.

If possible please can you book the number of places you would like on
0113 246 8338. But you can also drop in on the day.

The Event is held at Carers Leeds, 6/8 The Headrow, Leeds LS1 6PT