



Carers Advice Line  
**0113 380 4300**



# We support you, so you can support them.

**Caring for a family member or friend  
can be hard but Carers Leeds can help.**

**Call Us**

**Mon, Wed, Thu, Fri: 9am - 4.30pm  
Tue: 9am - 6.30pm**

**Website**

**[carersleeds.org.uk](https://carersleeds.org.uk)**

**Email**

**[advice@carersleeds.org.uk](mailto:advice@carersleeds.org.uk)**

